



Lifestyle
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camps A3



Sports
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Freedom Division crown B5W

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Wilmington Town Crier

70TH YEAR NO. 43

PHONE 978-658-2346

OCTOBER 24, 2024

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20 PAGES

Select Board receive RMLD, Eagle Scout proposals

By LIZZY HILL
News Correspondent

WILMINGTON — The Select Board met on Tuesday, Oct. 15, seeing as Monday was a holiday, to hold public hearings, receive project presentations and public comment, and vote on requests for public spaces.

To open the meeting, Chair Greg Bendel noted that the board members were wearing pink that night in recognition of breast cancer awareness month.

RMLD System Engineer Johnny Duong represented the company for two public hearings relative to requests to locate two poles each on Ballardvale Street and Concord Street. Duong explained that the poles on Ballardvale Street were for requested new service at 200 Ballardvale St., where they proposed to install about 12 electric vehicle chargers.

He described that the poles would be set in line with existing conductors

and confirmed that they had not been placed yet. He also said they would not be located in the sidewalk.

Town Manager Eric Slagle shared recommendations without concerns from the Department of Public Works and the Department of Planning and Conservation, and with that, the board approved the request.

As for Concord Street, Duong stated that the poles were for a project with a battery storage system company to be utilized as a peak shaving unit. He again confirmed that the poles were not yet placed and not to be put in the sidewalk.

Slagle shared recommendations for approval by the DPW and DPC. Therefore, the board approved this request, as well.

WHS senior Cameron Jenks next presented his Eagle Scout project proposal to construct a shed at the middle school to

be used for the students at the Wildwood. He said that Wildwood students currently share recess equipment with the Boutwell and teachers walk across the street every day to get and to return the equipment.

He planned to work together with his Boy Scout troop to construct a six-foot by eight-foot wooden shed in the grass by the baseball field which would have a gravel base, a slanted roof, and a padded lock. He mentioned that the Wildwood and middle school principals both approved the project, along with the town manager.

Jenks said that the cost would be between \$800 and \$1,400, and he would ask for donations for the cost and the toys to fill it. He hoped to complete the project in November.

Bendel invited Jenks to share any shoutouts, and he shouted out his parents and his Eagle Scout counselor.

The board members told Jenks that his pres-

entation was impressive and the project was a great idea. Kevin Caira asked to clarify if Jenks needed permission from the School Committee, but Slagle confirmed it was only the principal needing to give permission.

Slagle also included that he received support from the middle school assistant principal, as well.

The vote to approve the project passed with four in favor and one abstention by Lilia Maselli.

The board later approved the memorandum from Director of Planning and Conservation Valerie Gingrich for the inter-municipal agreement for participation in the joint Regional Housing Services Office. They voted in favor of executing the agreement between the town and Stephanie L. Frontiera to serve as town finance director.

They approved requests from Veterans Services to light the town common

green in support of veterans and hold Veterans' Day ceremonies; the WHS Touchdown Club to hold fundraising car washes; Wilmington Little League's opening day parade in 2026; and various road races in 2025.

In public comment, resident Kevin MacDonald suggested that the board change the policy on the delivery of oil to prevent future tank breaches such as the most recent one at the Wildwood School by having a representative of the town observe the fueling. He also suggested that the cost of the new elementary school would lead to a mass exodus of Wilmington residents.

Caira replied to point out that the Wildwood School Building Committee had merely voted on a preferred option, and that he himself voted against this option, but it still would go to Town Meeting and a debt exclusion vote.

Slagle added that a debt exclusion is a tem-

porary tax increase for the duration of the project and they expected a 30-year proposal for the new elementary school.

In announcements, Frank West highlighted the soccer field dedication at the North Intermediate School.

Caira asked if the 4th of July Committee had paid for additional police detail for fall fest, and Slagle confirmed this to be the case. Caira also wondered about the fence on the plans for the new town hall/school admin building, and Slagle answered to say that there was temporary fence in place at the moment and final fence would be installed at the end of the project.

The Salute to Service went out to US Airforce Veteran Allen Russo, who served from 1959 to 1960 and then in the naval reserves for many years.

The board will meet next on Oct. 28 at 7 p.m.

Wilmington gathers early ballots for November election

By CASEY STEVENSON
News Correspondent

WILMINGTON — With the official date just around the corner, ballots have already begun to come in for the 2024 presidential election.

Early in person voting has begun, with sessions having passed and continuing through this month.

The first session took place on Saturday, Oct. 19 from 8:30 a.m. to 2:30 p.m.

Early voting has also been happening all this week, from Monday, Oct. 21 through Friday, Oct. 25 from 9 a.m. to 1 p.m.

All of these sessions have been taking place in the auditorium of town hall.

The advanced ballot processing schedule is also available on the town clerk's website for those interested in the process.

The deadline to register to vote in time to participate in the upcoming election is approaching fast, with that opportunity closing on Oct. 26 at 5 p.m.

Additionally, the deadline to apply for a mail-in or absentee ballot is right behind, concluding on Oct. 29. The application is a yearly one, so those who applied in 2023 must also apply this year.

Those who receive such a ballot must have it sent and in the Town Clerk's Office by 8 p.m. on election day.

Applications for absentee and mail-in voting, voter registration, and registration confirmation can all be found on the town clerk's website.

Thinking of election day, the voting for those participating in person will commence on Nov. 5, at various precinct locations from 7 a.m. to 8 p.m.

As a reminder, Precincts 1 and 2 will vote at the Boutwell School, 3 and 4 will vote at Wilmington High School, and 5 and 6 will vote at town hall.

Those looking to visit the

Fire department receives equipment donation

By LIZZY HILL
News Correspondent

WILMINGTON — Wilmington Fire Chief Bill Cavanaugh presented at the Select Board meeting on Tuesday, Oct. 15 to share the receipt of a donation of two mechanical chest compression units.

Cavanaugh detailed that the Wilmington Community Fund reached out and asked if they had enough LUCAS mechanical chest compression units. He told them

that they had two trucks without these units. Then, the WCF donated two LUCAS units which cost \$38,000 combined.

He then described how the department got their first set of these machines 12 years prior. He explained that more time spent on chest compressions or quality CPR is directly connected to better patient outcome according to the American Heart Association, and that CPR is a low positive outcome exercise. He shared that

he personally has one CPR save in 17 years.

With this machine, they can put in airways, provide drugs, allow the use of an IV, and more, and also move the patient or use their limited resources for other purposes. He showed the board how the unit works and everything contained in the case including a backboard.

Cavanaugh said that he couldn't thank the WCF enough for their donation.

WCF President Diana

DiGregorio shared that they were glad to donate these units in order to provide extra manpower and relieve a first responder if they got tired.

The other WCF representative mentioned that the WCF has been operating for almost 80 years, and they personally had been on the WCF board for 45 years.

"I've always been on the lookout to see what the WCF can do to benefit the community as a

EARLY | PAGE A12

Wilmington to offer free therapy for residents

By LIZZY HILL
News Correspondent

WILMINGTON — On Tuesday, Oct. 15, Wilmington Health & Recovery Coordinator Samantha Cavanaugh, LICSW, announced the receipt and planned use for a Cummings Foundation Grant.

Cavanaugh said that she was excited to bring additional services to the town funded by a Cummings Foundation Grant in the amount of \$150,000 over three years

along with opiate settlement funds. To add to their current operations of a part-time recovery coach and Xena the therapy dog, they were excited to announce a full-time therapist.

The funds would provide a comfortable salary and leave money left over for events and initiatives.

Chair Greg Bendel said that this item was long overdue to come before the board.

Town Manager Eric Slagle shared that Cava-

naugh had been working hard to lead this charge. She'd worked with Judy O'Connell, Mike Morris, and himself to come up with an appropriate budget and structure for the funding. They were also working with the Cummings Foundation, as the foundation offered to rent Wilmington an office space in one of their buildings in which private sessions would be held.

Slagle also mentioned that the three-year grant process included captur-

ing a lot of data. At the end of the three years, they would reevaluate and decide whether to apply for an extension to the grant or to use the opiate funding. They projected this to cost in total \$250,000 for three years.

Cavanaugh added that the office space allows privacy for the individuals receiving therapy. Each individual using this service could do so for up to six months. It

THERAPY | PAGE A12

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INDEX

Lifestyle... A3, A7 | Middlesex East... B1 | Opinion... A4 | Police Logs... B4 | Sports... B5W

Wilmington Library News:

Wampanoag Food Ways cooking demo on Saturday, Nov. 2

Adult Programs

Bookends Book Group

Monday, Oct. 28, 10 a.m.
This book group discusses contemporary books, both fiction and non-fiction, led by Library Associate Rebecca Lowe. Copies of the book are available at the library. This month's featured book is *The Frozen River* by Ariel Lawhon.

Afternoon

Cemetery Stroll

Monday, Oct. 28, 3:30 p.m.
Join Town Museum Curator Matthew Beres for a history walk and talk through Wildwood Cemetery.

Needleworkers at Night

Monday, Oct. 28, 6 p.m.
These nighttime sessions are perfect for anyone who does any kind of needle craft but can't make it to Needleworkers during the day! Drop-in. Now meeting every Monday in the cozy seating area on the first floor of the Library.

Drop-in Tech Help

Tuesday, Oct. 29, 2 p.m.
Wednesday, Oct. 30, 2 p.m.
Saturday, Nov. 2, 2 p.m.
Have a tech question that's been bugging you? Stop by Drop-in Tech Help.

Needleworkers

Friday, Nov. 1, 10 a.m.
This is a social group for those who do any kind of needle craft. Bring your knitting, crocheting, quilting, etc. and enjoy conversation and camaraderie. Drop in.

VIRTUAL

Fiction Critique Group

Saturday, Nov. 2, 9:15 a.m.
Love writing fiction? Whether you are drafting a short story or a novel, joining our Critique Group is a great opportunity to meet other writers and get constructive feedback. Open to all experience levels writing in all genres. Led by local writing enthusiast, Barbara Alevras.

Wampanoag Food Ways Cooking Demo

Saturday, Nov. 2, 2 p.m.
Join Kitty Hendricks-Miller, Indian Education Coordinator for the Mashpee Wampanoag Tribe, for a presentation on the history of Wampanoag food



▲ Register now for the Wampanoag Food Ways Cooking Demo on Nov. 2 at 2 p.m.! Kitty Hendricks-Miller, Indian Education Coordinator for the Mashpee Wampanoag Tribe, will present the history of Wampanoag food in the region and sustainable seasonal offerings. Kitty will also demonstrate how to prepare duck soup with dumplings! (Courtesy photo)

in the region and sustainable seasonal offerings. Kitty will demonstrate how to prepare duck soup with dumplings!

Youth Programs**Teen Book Boxes: Spooky Season**

Monday, Oct. 28, All Day
If you signed up for a book box this year, stop by the library starting Oct. 28 to pick up your box! Grades 6-12

Wilmington Community Playgroup

Monday, Oct. 28, 10 a.m.
Join CTI for a community playgroup where we'll work on Early Literacy skills and much, much more! Ask CTI about any resources they can help provide for you and your family. The first playgroup of every month will focus on infants and toddlers. Ages 0-6

STEAM Team

Monday, Oct. 28, 6 p.m.
Learn and have fun at the same time in this engaging STEAM program! Grades K-5

Preschool Storytime

Tuesday, Oct. 29, 10 a.m.
Join us at our Preschool Storytime! This program includes books, rhymes, music and movement. Ages 3-6

HalloTeen Escape Room

Tuesday, Oct. 29, 5:30 p.m.
Can you break out of our spooky escape room? Jeckyll and Hyde meets Scooby Doo in this interactive puzzle! Grades 6-12

Time for Twos

Wednesday, Oct. 30, 10 a.m.
Join us at our Time for Twos! This program includes books, rhymes, music and movement. Age 2

Baby Time

Thursday, Oct. 31, 10 a.m.

Join us at our Baby Time! This program includes books, rhymes, music and movement. Ages 0-23 months

Trick-or-Treat at the Library!

Thursday, Oct. 31, 5 - 7 p.m.
Add the library to your list of trick-or-treat stops on Halloween night! Grab candy and borrow a book! Head up to the Youth Services room to get a treat while supplies last! Don't worry, no tricks here!

Drop-in Storytime

Friday, Nov. 1, 10:30 a.m.
Join us at our Drop-In Storytimes! This program includes books, rhymes, music and movement. Ages 2-6

LEGO Building

Friday, Nov. 1, 3:45 p.m.

Build with LEGOs at the same time as other LEGO fans and display what you make in the library! Grades K-5

Additional Information**Book Store Next Door**

The Book Store Next Door is open on Wednesdays and Saturdays from 10 a.m. to 4 p.m. Shop discount books! Paperbacks for \$1 and hardcovers for \$2. The Book Store is staffed by volunteers from the Friends of the Library and all proceeds help support library programs.

Museum Passes

The library has discounted passes to your favorite Massachusetts museums,

attractions, and state parks. Find the full list on our website!

WML In-Person Programming

Registration is required for most in-person programs. Please check our website on the day of the program to confirm location. Masks are no longer required for vaccinated patrons while visiting the library.

WML Virtual Programming

The library continues to offer a variety of virtual events. Please note that registration is required in order to receive the Zoom link. Go to wilmlibrary.org to register or call 978-658-2967.

Advertisement
It's Your Money
by Todd Brisbois



DON'T FALL FOR THESE FEDERAL TAX REFUND MYTHS:

— PART I —

Once people complete and file their tax return, many of them eagerly await any refund they may be owed. No matter how a taxpayer plans to use their tax refund, knowing fact from fiction can help manage expectations as they wait for their money. This tip dispels some federal tax refund myths that many people believe are fact, but are pure fiction.

Myth: Calling the IRS, a tax software provider or a tax professional will provide a more accurate refund date.

Many people think talking to the IRS or to their tax software provider or tax professional is the best way to find out when they will get their refund. The best way to check the status of a refund is through the "Where's My Refund?" tool or the IRS2Go app. Taxpayers can also call the automated refund hotline at 800-829-1954 to get their refund status. This hotline has the same information as "Where's My Refund?". There is no need to call the IRS unless "Where's My Refund?" says to do so.

Myth: "Where's My Refund?" must be wrong because there's no deposit date yet.

Updates to "Where's My Refund?" and to the IRS2Go mobile app are made once a day, usually overnight. Even though the IRS issues most refunds within 21 days, it's possible a refund may take longer. If the IRS needs more information to process a tax return, the agency will contact the taxpayer by mail. Taxpayers should also consider the time it takes for the banks to post the refund to the taxpayer's account. People waiting for a refund in the mail should plan for extra time.

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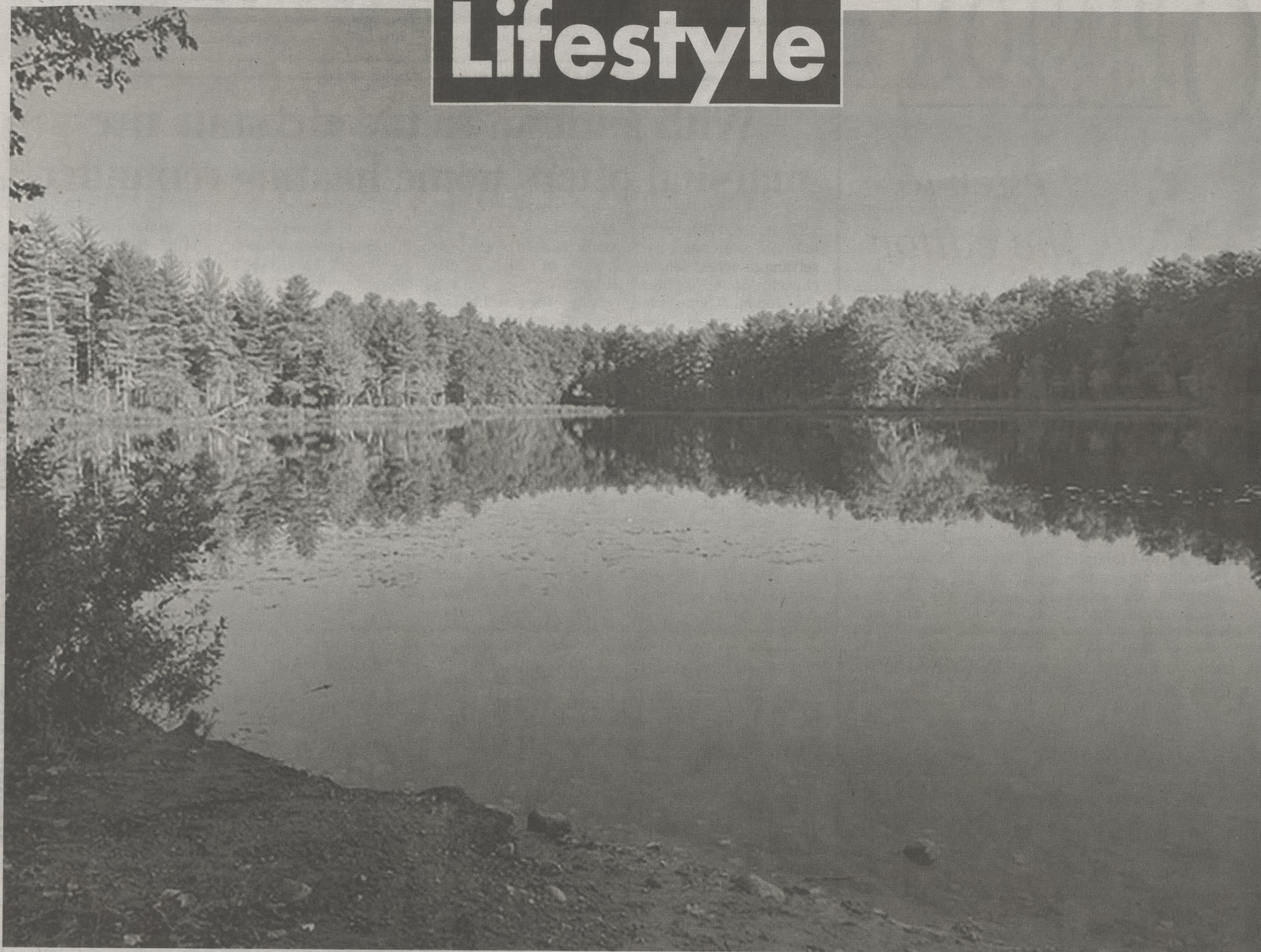
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**Concert of Italian Classics**

◀ Wilmington Lodge sponsors Concert of Italian Classics — On Thursday afternoon, Oct. 17, 2024, the Angelo Giuseppe Lodge of Wilmington sponsored an afternoon concert of Italian classics performed by Jimmy Bono Geany, talented tenor from the North End of Boston, and Ray Cavicchio, noted entertainer. The concert, in honor of October as Italian Heritage Month, was offered free of charge to the community and was well attended. Pictured are Ray Cavicchio and Jimmy Bono Geany who wowed the audience at the Friendship Hall in Wilmington. Committee members Erin Driscoll and Mary Renda, Jimmy Bono Geany, Ray Cavicchio, Committee chair Michele Siracusa, and National 2nd Vice President of the Order Sons and Daughters of Italy Kevin Cairra gather for a group photo following the event.

(Courtesy photos)

Lifestyle



▲ The 25 acre Burges Pond has largemouth bass, yellow perch, bluegill and pickerel.

(Paige Impink photos)

Hike the East Boston camps

By **PAIGE IMPINK**
News Correspondent

The forecast looks great for the foreseeable future so why not get outside and enjoy it? Watching the leaves change and fall from the trees without having to bundle up too much is the perfect incentive for a woods walk. One place to try, if you haven't yet explored, is the Stony Brook conservation land in nearby Westford.

Originally known as the East Boston Camps, land near Burges Pond was purchased in 1937 by the wealthy Hyam sisters of

Boston to build a "Fresh Air Camp" for children suffering from tuberculosis. It was thought that fresh air was the cure for the highly communicable bacterial respiratory disease. Outdoor "consumptive" TB camps were quite common at the time.

Through social work the sisters were doing with inner city youth, especially in East Boston, they felt having a way to spend time in the country would be beneficial and restorative for children. The sisters hired a firm to find the ideal location, and purchased several parcels

including the clean and clear 25 acre Burges Pond in Westford.

The area is now owned and managed by the Westford Conservation Commission and is open to the public. Tent camping by reservation is available in the spring and fall, and the camp is used by scouts and other organizations for overnight camping.

The Westford Recreation Department also runs a summer day camp on the property, and weddings and family reunions can be booked through Westford Rec.



▲ The East Boston Camps were established in 1937 as a place for inner city youth to experience nature and escape the city. Run by the East Boston Social Centers, the camps also served as "fresh air camps" for children with tuberculosis.

In addition to the historical building, its the walking trails that make the area special. The driveway is accessible via Depot Street next to railroad tracks and across from a farm stand. The road is a bit rutted, so drive slowly to the parking areas. If preferred, you can park just as you turn off Depot Road and walk in. There is a porta potty for use, as well.

There are numerous trails on the property which wind along Stony Brook, Keyes Brook, and encircle Burges Pond. Blazes and wayfinding

are sufficient to keep you on your chosen path.

On the day we visited, many people were out with their families or their dogs enjoying the trails. Several of the paths have lots of exposed roots which might make this more challenging for some. Hiking poles could be helpful.

The hike around the pond is approximately two miles, and adding on side trails one can get upwards of three to four good miles in for a hike.

For those interested in the flora and fauna, white pine and oak abound, with

maple, birch, and even sassafras trees. Pink lady's slippers, pipsissewa, wintergreen, ferns and club mosses are along the trails. There is also a designated habitat for the spotted turtle.

We noticed many species of ducks enjoying the pond, while songbirds are known to be fall and spring visitors. Precious vernal pools dot the property as well.

So, if you're looking for a new place to walk during this amazing fall weather, give the Stony Brook Conservation area a try.

Upcoming local events

October 23, Party for the Pond — Fall Edition. Join the Friends of Haggetts Pond for a fun-filled evening at Oak & Iron Brewery from 5:30 - 8:30 p.m. Live music, silent auction for local art, trivia games, chili and chowder will be served. Advance tickets are available at FHPANDOVER@GMAIL.COM Advance Tickets are \$35 Limited tickets at the door are \$40

October 24, Blood Drive, Wamesit Masonic Lodge, Tewksbury, redcross-blood.org to schedule an appointment.

October 26, Applefest Craft Fair, Tewksbury Memorial High School, 9 a.m. - 3 p.m. Quality hand crafts, food, raffles. This annual event is the biggest fundraiser for the high school. Stop by and get your holiday shopping done.

October 27, Bambino Baseball, East Street fields. 11:45 a.m. - 12:30 p.m. Come out and help specially abled players enjoy a game of baseball. Volunteers needed—please show up and be a buddy! Email Daniel.paul.abbott@gmail.com for more info. Sign up for weather alerts.

November 3, Special Sunday opening of Pub-

lic Health Museum. Reserve a tour at publichealthmuseum.org

November 3, Princess Harvest Ball, Tewksbury Lions at the Tewksbury/Wilmington Lodge of Elks, Session 1- Pre-K thru Grade 2: 1 - 2:30 p.m., Session 2-Grades 3-5 3:30 - 5 p.m. Tickets are \$20/PP Info: PrincessHarvestBall@gmail.com

November 3, Shaw-sheen Tech Open House, 2 - 4 p.m. Open to prospective students, alumni, business partners, families, and friends, to learn about the Shaw-sheen Valley Regional Vocational Technical School District.

November 5, election day. Polls open 7 a.m. - 8 p.m. Check the town website for more details. Tewksbury-ma.gov.

November 6, Veterans and Surviving Spouses Breakfast, 10 a.m. - 12 p.m. Reserve a seat in advance for the free breakfast by calling 978-640-4485 by Friday, Nov. 1 at noon. If you need transportation, call 978-640-4480 x 292 to set up a ride.

November 7, Dana Farber Mammography Van, 8 a.m. - 4:15 p.m. visits the Tewksbury Senior

Center. To make an appointment for this convenient event or to learn more, please call 617-632-1974

November 11, Veteran's Day Ceremony, Town Common, Tewksbury, 11 a.m.

October 15 - November 15, Tewksbury Health Department Coat Drive, Drop off new or gently worn adult and children's coats on the lower level of town hall. Clean and coats only please.

Thursdays, Saturdays, and the first Sunday of the month, Public Health Museum, 365 East St., Open for indoor and campus tours. Check website for times. PublicHealthMuseum.org

Book Store Next Door, Wednesdays and Saturdays, 10 a.m. - 4 p.m. The Book Store is staffed by volunteers from the Friends of the Wilmington Public Library. All proceeds help support library programs. Next to Wilmington Public Library.

Wilmington Town Museum, Mondays and Tuesdays, 10 a.m. - 2 p.m., Harnden Tavern, 430 Salem Street (Route 62), Wilmington

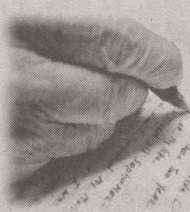
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St. Jude patient Sebastian, brain cancer

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Letter to the editor

Ferdinand shares four pledges if elected

To the editor,

In this statement I wanted to mention that during my sophomore year to graduation I worked at Sweetheart Plastics and NAPA Distribution Center on Woburn Street thru the 80s. I take this opportunity to share with the voters the four pledges that if elected will keep.

The first is I will give 10 percent of my annual net income to a non-profit in both towns in our district for a total of 20 percent.

The second is that I will vote NO on any pay raises for the legislature during the term. Also, if the legislature passes any increase I will divide it the same as the first pledge.

The third is serve a total

of three terms for a maximum of six years from my belief that the founding fathers opposed career politicians.

Lastly, the fourth is that I will cosponsor, vote for, and defend the resolution applying for an Article V convention for the sole purpose of enacting term limits in Congress.

To the independent (unenrolled) voters in District 19, you hold the election in your hands, 60-65 percent of the votes cast will come from you. On Tuesday, Nov. 5, together let's shock Beacon Hill by voting and electing George Ferdinand for State Representative.

George Ferdinand

The Good Neighbor Energy Fund campaign provided warmth last winter

CANTON — The Massachusetts Good Neighbor Energy Fund, a cooperative effort between the state's sponsoring energy companies and their customers to help households in temporary financial crisis pay their energy bills, announces that its 2023-2024 "Give the Gift of Warmth" campaign raised \$510,703 in contributions and provided energy assistance to 1,341 households in need.

"A big 'thank you' to the Fund's sponsoring energy companies throughout the state, their customers and members of the corporate community for their generosity, even during these times when we are all still experiencing higher prices for necessities. Everyone provided warmth through their donations to those in need and helped us exceed our fundraising goal of \$500,000," said Justin Stearns, Chairperson of the 2024-2025 Good Neighbor Energy Fund campaign and Ma-

nager of Credit & Collections for Unitil/Fitchburg Gas & Electric.

The Fund is often the last resort for families who have not qualified for federal and state assistance programs. The Salvation Army Massachusetts Division, which administers the Fund throughout Massachusetts, pays the energy provider directly for households whose gross income falls between 60 and 80 percent of the state's median income levels.

For example, in the 2024-2025 GNEF campaign year, a household size of four would need to have a total gross yearly income of between \$94,609 and \$126,144 to qualify.

Since its establishment in 1985, the Massachusetts Good Neighbor Energy Fund has raised over \$25 million and helped more than 96,000 families in need pay a month's energy expense.

For more information, please magoodneighbor.org.

Sen. Finegold announces first Sue Tucker Award

ANDOVER — State Senator Barry R. Finegold (D-Andover) is announcing the first Sue Tucker Award for Community Service. The late Senator Tucker was a tremendous advocate for the Merrimack Valley, and the purpose of this award is to celebrate her spirit by identifying leaders who go above and beyond for community service as she did.

"Sue was truly beloved in our community, and is a privilege to be con-

tinuing her legacy of dedicated public service through this award," said Sen. Finegold. "I look forward to honoring Senator Tucker and recognizing the amazing work of a local organization on the week of what would be her 80th birthday."

The first recipient of this annual award, selected for their incredible commitment to our community, will be announced in the coming weeks.

With autumn in the air, state fire marshal offers home heating reminder

STOW — With crisp autumn temperatures settling in across Massachusetts, State Fire Marshal Jon M. Davine is reminding residents that home heating equipment is the leading source of carbon monoxide and the second-leading cause of residential fires.

"Having your heating system serviced each year will help reduce the risk of a fire or carbon monoxide incident that puts you and your loved ones in danger," State Fire Marshal Davine said. "It will also save you money by helping you heat your home more efficiently."

Massachusetts fire departments reported nearly 6,000 fires related to home heating equipment in the past five years. These fires claimed eight lives, caused 139 injuries to residents and firefighters, and contributed to more than \$42 million in property losses. Fires that began with solid fuel heating equipment such as fireplaces, wood stoves, and their chimneys represent about half the total, while gas, oil, and electric appliances made up the other half.

Carbon monoxide is a hazard all year long, but especially in the winter as heating equipment returns to regular use. Firefighters encountered carbon monoxide hazards at more than 24,000

calls over the past five years, most of which took place in the colder months.

State Fire Marshal Davine offered these tips to protect yourself and your loved ones:

Smoke Alarms and Carbon Monoxide Alarms

Every household should have working smoke and carbon monoxide (CO) alarms installed on every level of the home. Test them every month to be sure they're working properly and replace alkaline batteries twice a year when you change your clocks. Smoke alarms should be replaced after 10 years and CO alarms should be replaced after 5, 7, or 10 years depending on the make and model.

Fireplaces, Wood Stoves, and Pellet Stoves

Solid fuel heating appliances such as fireplaces and wood stoves have accounted for a rising share of home heating fires in recent years. Most chimney fires occur because of a build-up of creosote, a tarry by-product of burning wood: using only dry, seasoned wood and having your chimney and flue professionally inspected and cleaned each year can reduce this risk. Keep anything that can burn at least three feet away

on all sides, and use a fireplace screen or keep the wood stove door closed to prevent sparks and embers from escaping. When the fire is out, shovel ashes into a metal bucket with a lid and place it outside on the ground away from the building — not in the trash.

Natural Gas and Oil Heat

If you have a furnace, water heater, or oil burner with a pilot light, keep a three-foot "circle of safety" around it, clear of anything that could catch fire. Don't store gasoline, painting supplies, or other flammable solvents in the home: their vapors can be ignited by a pilot light. These heating systems should also be checked and serviced annually by a licensed professional. If you smell gas, don't use any electrical switches or devices: get out, stay out, and call 9-1-1 right away.

Space Heaters

Keep space heaters at least three feet from curtains, bedding, and anything else that can burn. Plug them directly into a wall socket, not an extension cord or a power strip, and always turn the heater off when you leave the room or go to sleep. When purchasing a space heater, select

one that's been tested and labeled by a nationally recognized testing laboratory such as Underwriters Laboratories (UL) or Intertek (ETL). Newer space heaters should have an automatic shut-off switch that turns the device off if it tips over. Never use portable propane or kerosene heaters indoors — the fire and CO hazards are simply too high.

Heating Assistance

Residents struggling to pay for heating bills or maintenance may be eligible for assistance through the Massachusetts home energy assistance program (LIHEAP). No matter what type of heating equipment you use, LIHEAP may be able to help you pay your winter heating bills or maintain your heating system so it runs more safely and efficiently. All Massachusetts residents are encouraged to explore eligibility for this free program and apply for assistance.

More Home Heating Safety Tips

The Department of Fire Services offers a wealth of home heating safety information, including the "Keep Warm, Keep Safe" tool kit for local fire departments, caregivers, and service providers, at www.mass.gov/keepwarmkeepsafe.

Sen. Tarr named MDSC Legislator of the Year

WAKEFIELD — On Sunday, Oct. 13th, Senate Minority Leader Bruce Tarr (R-Gloucester) was honored with the prestigious 2024 MA Legislator of the Year award by the Massachusetts Down Syndrome Congress (MDSC) at their annual Buddy Walk® and Family Festival held at Lake Quannapowitt in Wakefield. The award was presented in recognition of Tarr's tireless advocacy for individuals with Down syndrome, autism, and other intellectual disabilities throughout his legislative tenure.

For over three decades, Tarr has been a champion for the rights of children and adults with disabilities, working to ensure equal opportunities for all individuals, regardless of their abilities. His support has been instrumental in advancing critical legislation that expands access to cutting-edge health care, educational opportunities, and life-changing therapies for individuals with intellectual disabilities.

The MDSC Buddy Walk® and Family Festival brought together several thousand self-advocates, their families, and supporters for a day of celebration, advocacy, and fundraising. The event featured a walk around Lake Quannapowitt and a speaking program, where Tarr was presented the award by local constituent and self-advocate Matthew Cullen of Ipswich delivered his acceptance remarks.

"The MDSC and our loved ones with Down syndrome could not ask for a better friend in our communities or on Beacon Hill," said Executive Director of MDSC Maureen Gallagher. "Minority Leader Tarr has taken time over and over again to get to know our members, including his constituent Matt Cullen, to learn about and support the issues important to our community."

"I was honored and thrilled to help present the award to Senator Tarr on Sunday at our MDSC Buddy Walk. Senator Tarr has been Unstoppable in supporting our amazing Down syndrome community," said Cullen. Tarr delivered his acceptance remarks and expressed his gratitude reaffirming his dedication to the cause. "I am deeply honored to receive this recognition from the MDSC. Working alongside the incredible advocates, families, and self-advocates within this community has been a privilege throughout my legislative service. I remain committed to ensuring that every individual, regardless of their challenges, has access to the resources and opportunities they deserve," said Tarr. "From supporting funding for MDSC programs and services, to sponsoring MDSC's top legislative priorities, to taking time to truly get to know our members, Minority Leader Tarr has been one of our most reliable disability champions on Beacon Hill," said Gallagher. "There is nobody

more deserving of this year's MDSC Legislator of the Year Award."

Tarr continues to work alongside organizations like the MDSC to promote legislation that protects the rights and improves the lives of people with disabilities. His leadership and continued partnership with advocacy groups have made him a vital voice for positive change in Massachusetts.

About the MDSC:

The Massachusetts Down Syndrome Congress (MDSC) is dedicated to enhancing the lives of individuals with Down syndrome and other intellectual disabilities through advocacy, education, and support. For over 35 years, the MDSC has worked to create a world where individuals with Down syndrome are valued, included, and empowered to reach their full potential.

Learn more here: <https://mdsc.org/>

Book Stew Review

'The Frozen River' by Ariel Lawhon

By EILEEN MACDOUGALL

The author tells the story of Martha Ballard, midwife of Hallowell, Maine in the 1790s, and takes much from Ballard's actual diary (as did Laurel Thatcher Ulrich's Pulitzer-Prize winning biography, *A Midwife's Tale*), but what she adds so beautifully is the nuance of Martha's marriage and life with her husband Ephraim Ballard.

Parents of nine children, three of whom die of diphtheria, the couple has a teasing sexual sensibility that lightens their lives and the standard gloomy

misery and suffering of early settlers.

Martha's involvement in and love for the small community is challenged by a vicious rape, corrupt judges, and by the questioning of her medical expertise when a Harvard-educated male doctor seeks to usurp her.

The explorations of the marital and courting customs of early New England are truly engaging, and the creative interjections of a more modern view enjoyable.

There's also a Wabanaki healer, called Doctor, whose presence is welcome in the community and in the novel.

Town Crier

Tewksbury - Wilmington

Office located at:

36 Commerce Way #410, Woburn, Ma. 01801
(978) 658-2346

E-Mail: Office@YourTownCrier.com

Publication No. 635-340

A Publication of the Woburn Daily Times, Inc.

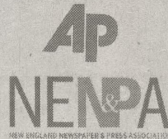
36 Commerce Way #410, Woburn, Ma. 01801, published every Wednesday

Founder: Capt. Larz Neilson
Publisher: Peter M. Haggerty
News Editor: Ryan LaRoche
Advertising: Bruce Hilliard
Sports Editor: Doug Hastings

Subscription prices: Payable in advance.
In Wilmington and Tewksbury: \$90 a year. Elsewhere \$105 a year.

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HOME IMPROVEMENT



SUPPLEMENT TO THE DAILY TIMES • THE STONEHAM INDEPENDENT • WILMINGTON-TEWKSBURY TOWN CRIER

New Survey Predicts 2025 Siding Color of the Year

(StatePoint) Planning to update your home siding this year? If you're like many Americans, you'll likely stick to neutral hues.

In the third annual national survey recently conducted by The Harris Poll on behalf of Alside, a leader in exterior building products, American homeowners reaffirmed off-white/cream as the most popular siding color (18%) if they were going to update the color of their home exterior in 2025 - extending its reign for three consecutive years. Understated elegance continues to dominate the market, with 42% of American homeowners saying they would go for a timeless, neutral look if choosing an exterior home color in 2025.

"The persistent preference for neutral and classic aesthetics like off-white and cream speaks to the palette's versatility and its ability to enhance curb appeal without overpowering the overall design of a home," said Ryan Gibson, business director, Vinyl & Composite Cladding. "These hues are less likely to become outdated or decrease your home's resale value, making them a smart choice no

matter which part of the United States you live in. They also provide a solid foundation for designing a home that allows for a more personal touch, giving accent colors and features space to make a statement."

Conversely, bold colors are the least likely to be chosen by homeowners. In fact, 33% of American homeowners say one of the colors they would most likely avoid if updating their home exterior in 2025 is red.

"There is certainly a place for bolder colors. They are often used more prominently in certain architectural styles and can add a vibrant, eye-catching element when used thoughtfully. The key is to balance it with neutral tones and consider the overall style of the home and neighborhood," added Gibson.

Breakdown of Exterior Color Preference

After off-white/cream, white (16%), light brown (13%), light gray (11%) and medium blue (8%) rounded out the top five color choices among American homeowners, if they were going to update the

color of their home exterior in 2025.

Color choice doesn't stop at siding though. When adding complementary colors to accent home exteriors, about 62% of American homeowners typically match the trim with their siding color. Other answers include:

- Shutters (43%)
- Porches and decks (38%)
- Roofing (32%)

When asked how they would choose the exterior color, homeowners cite several key factors. In addition to going for a timeless, neutral look (42%), top answers include:

- Cost (36%)
- Availability (25%)
- Their spouse or significant other will pick (22%)

Based on something they saw in a magazine/home improvement show (20%)

Meets HOA/local guidelines (20%)

Among homeowners, women are more likely than men to say they would go for the timeless, neutral look (48% vs. 37%) or would choose based on something they saw in a magazine/home improvement

show (24% vs. 16%). Meanwhile, men are more likely than women to say their spouse or significant other will pick (28% vs. 16%).

Breakdown of Siding Material Preference

American homeowners are likely incorporating the trend of embracing warm neutrals into their specific siding material choices. Stone (25%) was the leading material preference they would choose when planning to purchase new siding. Mixed materials were a close second, with 22% of homeowners saying they would choose to mix stone, stucco or siding, perhaps for a balanced home exterior aesthetic. Vinyl (14%), vertical board and batten composite cladding (12%) and engineered wood (12%) rounded out the rest of the top five material choices.

For more home exterior inspiration and trends, visit alside.com.

If your 2025 plans include home exterior updates, consider how your selections will impact your home's long-term curb appeal and value.



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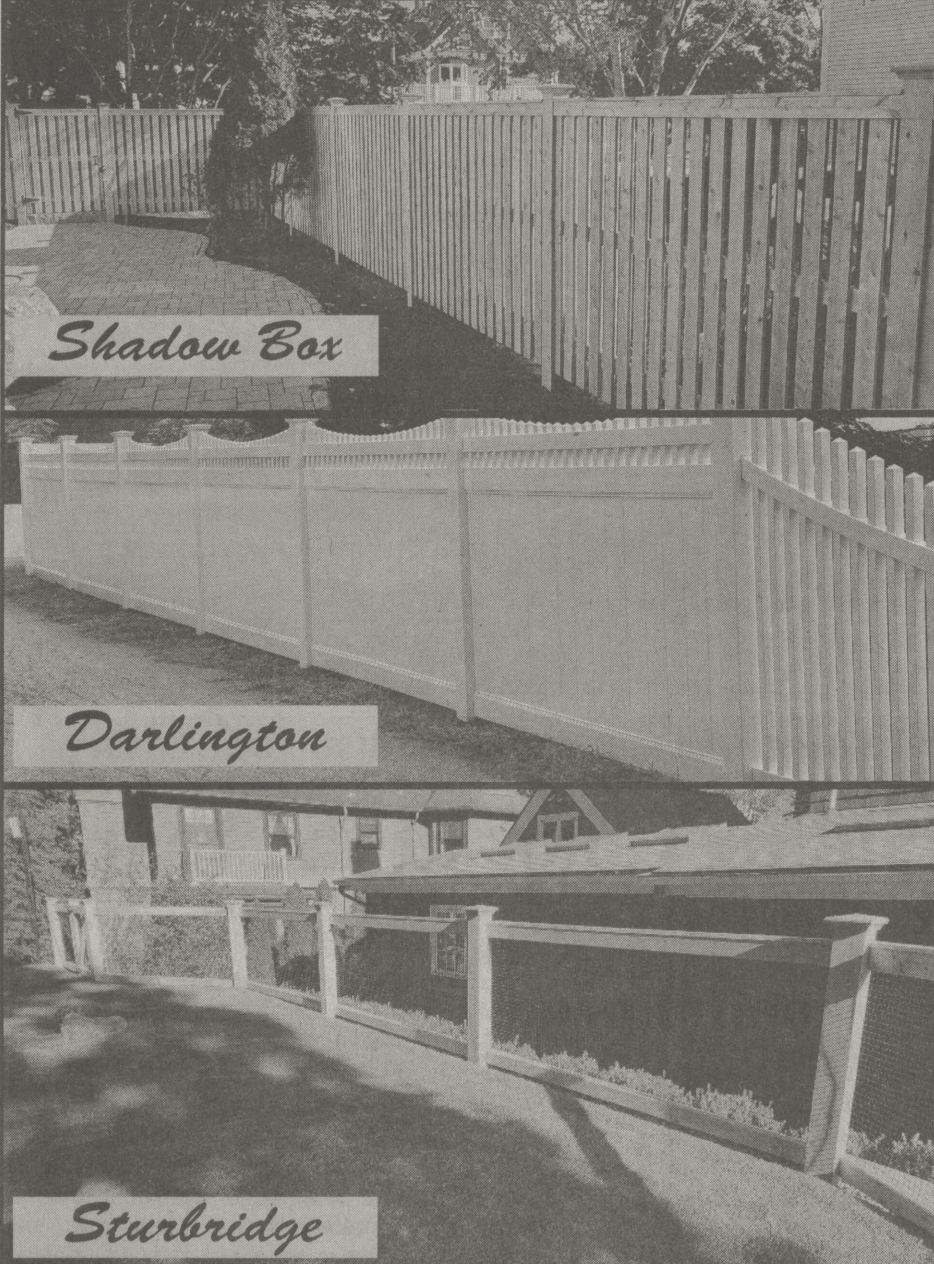
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One Home Renovation Project With Huge Potential Returns

(StatePoint) Adding an accessory dwelling unit (ADU) to your property can increase the value of your home, become a source of rental income, or help you expand your living space for your adult children or parents.

If you don't know what an ADU is, you're in good company. A 2023 Freddie Mac survey found that 71% of respondents were unfamiliar with the concept. ADUs are often known as in-law apartments, granny flats, carriage houses or secondary suites. According to Freddie Mac,

here's why investing in adding an ADU may be worth it:

The basics: An ADU is a smaller, independent residential structure built on the same lot as a single-family home. To qualify as an ADU, the additional living area needs to include a kitchen, bathroom and separate entrance. Common examples include a dwelling over a detached or attached garage, a suite above the main floor of the home, a basement apartment, or a detached structure such as a guesthouse or backyard cottage.

The benefits: Building an ADU on your property may contribute to the supply of affordable housing in your area, but it also has a wealth of benefits for you, the homeowner. It can boost the value of your home by as much as 35%, and become a potential source of extra income if you rent your ADU to a tenant. An ADU can also make for a great home office, guest house or workshop, or be a good solution if your adult children are returning to live with you, or you are the caretaker to aging or disabled relatives.

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Fish Window Cleaning delivers quality service for homes and businesses

"We had not had our windows professionally cleaned since they were all installed new 13 years ago. Needless to say they were all very dirty. Diego and his team arrived yesterday from Fish and did an outstanding job of cleaning all of our windows including

skylights and garage doors. No mess, no fuss, and they were done in about 4 hrs. Great work." Michael (Google review, 2 weeks ago)

For 20 years, the Pierces have been offering year-round window cleaning to both residential and com-

mercial customers throughout the NorthShore & Middlesex County. During this span, Fish Window Cleaning has continued to offer new services by popular demand. In addition to their window cleaning service, Fish has added gutter cleaning, power washing,

house washing, and, most recently, roof cleaning with tremendous success. These added exterior cleaning services have proven to help maintain the cosmetic appeal of your home and, in the case of roof cleaning, eliminate the moss and mildew that threatens its

structural integrity.

Paul Pierce and his son Nathan believe that clean windows have a way of lifting people's spirits. Paul explains "Fall is already here and as people go through their to-do lists, gutter cleaning, window cleaning and power washing should

be right up there!"

With many people working from home and retail businesses booming, the appeal of a clean exterior is as important as ever for both residential and commercial customers.

In addition to the simple pleasure of looking out through clean glass, Money Magazine cited another benefit of having your windows professionally cleaned. Especially, if you are looking to sell your home! "According to real estate agents surveyed, the number one home improvement that generates the best return on investment is window cleaning." The magazine found that "the ROI on window cleaning alone was determined to be 768%."

Paul also adds that "as the holidays are approaching, it is refreshing to be able to look through your windows with a clear view as people. People tend to spend more time indoors with their families. Show off your view!"

Fish offers free estimates in a timely manner. Also, Fish Window Cleaning is fully insured to provide customers that extra level of confidence that they are dealing with a top notch professional service company. Paul goes on to say, "we take great pride in employing just the right people. Our guys are professional and take great pride in their work." Nathan adds, "they respect your property and work in a diligent and safe manner."

Paul and Nathan Pierce guarantee that you will be pleasantly surprised at the difference clean windows and property will make to your home and/or business and it is just another way to "Brighten Your World."

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— NATHAN PIERCE, CO-OWNER, FISH WINDOW CLEANING



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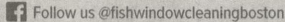
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Lifestyle

Safety tips for a fun and festive (and safe) Halloween

By HEATHER BURNS
News Correspondent

As we get closer and closer to the ultimate witching hour of Halloween night, the U.S. Food and Drug Administration in cooperation with the Consumer Product Safety Commission and the Center for Disease Control & Prevention have compiled a list of safety measures to follow to ensure everyone has a fun and safe Halloween season.

Choosing just the right costume is a big decision that can impact your Halloween fun.

When choosing a costume for children, encourage bright-colored costumes, or add stripes of reflective tape to the front and back of costumes so that trick or treaters are visible to oncoming traffic.

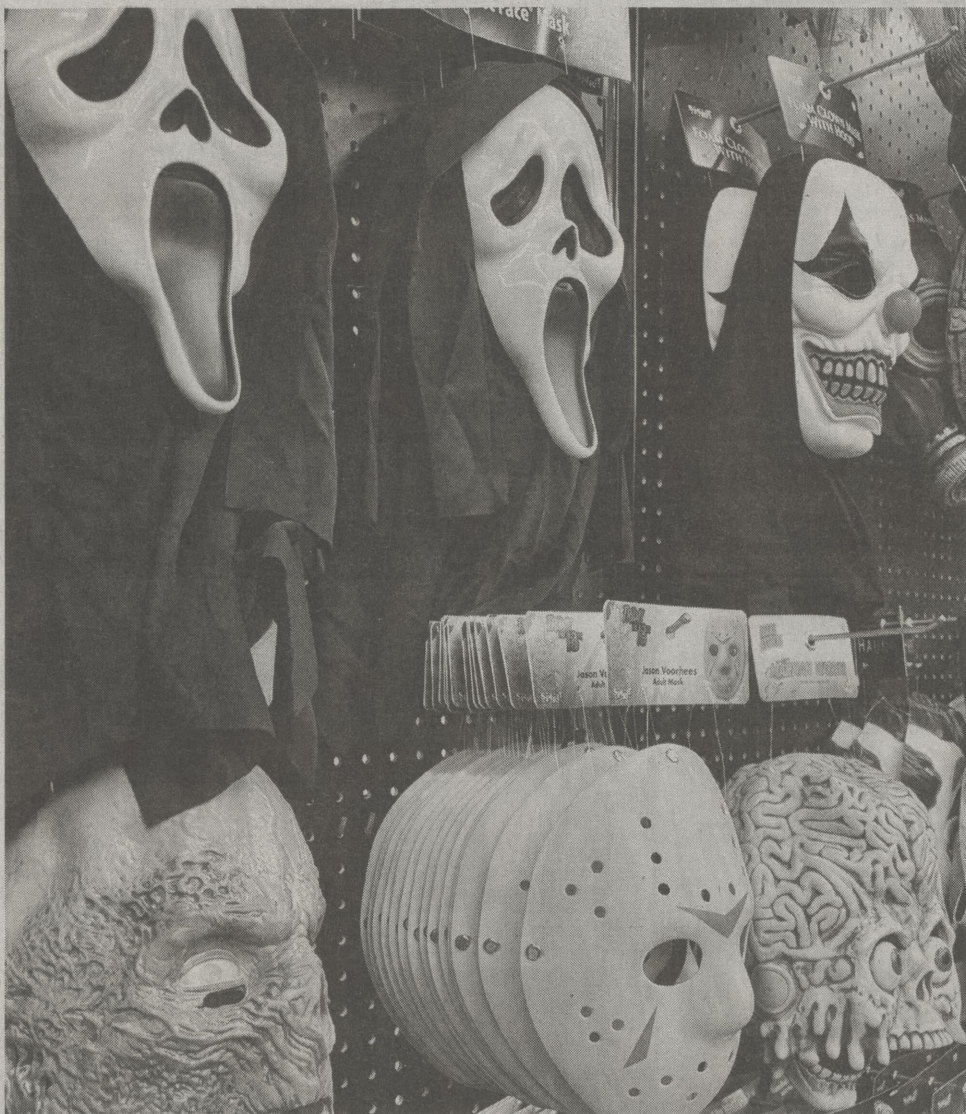
Costumes should also fit well to avoid tripping and falling, and should be comfortable and offer ease of movement.

When purchasing costumes, look for "flame resistant" labels, or use flame resistant fabrics, like polyester, when making your own costume.

Try wearing make-up instead of store bought masks.

Although a fun Halloween tradition for many, masks can obscure your vision and compromise your airflow.

Makeup can be a less expensive option to store-



bought masks, and can be much more comfortable to wear. Makeup can also encourage you to use your creativity, which is arguably what Halloween costumes are all about! When purchasing Halloween makeup, be sure to check the FDA's list of color additives to see if

the colors are approved for makeup and skin contact use.

It is never recommended to wear colored, decorative contact lenses sold in non-optical stores or online. These costume-contact lenses can obscure your vision and possibly injure your eyes.

The main event of the trick or treating experience is, of course, the candy.

All candy and treats received from trick or treating should always be inspected for signs of tampering before consumption.

Look for unusual appearance or discoloration, or tiny pin holes and tears in the wrappers. Throw away any suspicious items.

For those with food allergies, check all food ingredient labels before consuming, and never eat anything that is not commercially wrapped and labeled.

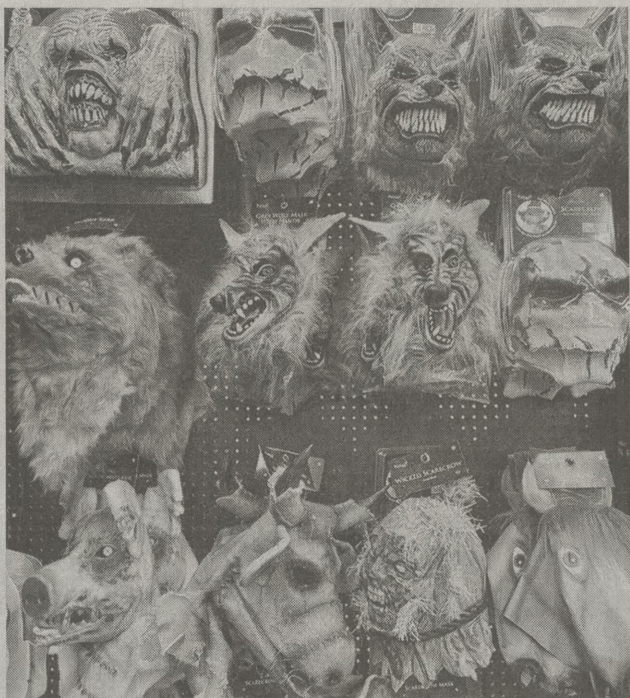
To avoid the temptation of snacking on Halloween treats before they can be properly inspected, be sure to have a hearty snack at home before heading out for trick or treating.

Parents of young children should also inspect the trick or treating haul for any potential choking hazards such as gum, peanuts, hard candies, or goodie bags with small toys.

The National Highway Traffic Safety Administration also offers a few holiday safety tips to promote safety on the roads this Halloween season.

The official trick or treat time for the towns of Tewksbury and Wilmington is from 6 to 8 p.m. on Thursday, Oct. 31. However, keep in mind that other communities may have different times and dates for their official trick or treat events, so drivers need to be extra alert of possible trick or treaters on the streets for the entire week leading up to Halloween night.

Drivers should slow down in neighborhood areas and watch out for small children that may unexpectedly dart into the street. Pedestrians also need to



◀▲ Halloween masks are often considered part of the traditional Halloween costume, but masks can obscure your vision and restrict your airflow. Makeup is a more affordable and comfortable option that will encourage your own creativity. (Heather Burns photos)



▲ On Halloween night, all trick or treat candy and treats should be properly inspected for any type of tampering before it is consumed.

be street smart during the Halloween season.

The buddy system should be implemented before you head out for trick or treating to prevent anyone from walking alone, and everyone in your trick or treating group should obey the rules of the road by following signs, signals, and crosswalks. Look both ways before crossing the street, and be aware of car directional signals.

Halloween week is also the time for Halloween parties. To ensure a fun time for party guests and the party host alike, keep in mind these helpful safety tips.

Apple cider is always a Halloween party favorite, but the FDA reminds everyone that unpasteurized juices and ciders are at high risk of foodborne illness. Be sure to check labels carefully before serving to your guests.

Bobbing for apples is also a Halloween party tradition. To reduce the risk of bacteria, wash apples thoroughly before use.

Halloween parties are

not just for kids. Adults celebrating the scary season should always choose a designated driver before any alcohol consumption begins.

If you do not start the evening with a set plan on how to get home safely, do not drive after consuming alcohol. Call a cab, ride service (such as Uber), or a family member to take you home.

Party hosts need to be responsible and take action to make sure their guests get home safely.

Collect keys from guests that are drinking, and be prepared to call ride services or make accommodations for intoxicated guests to spend the night.

Zero hour is almost upon us as we prepare to celebrate this fun and spooktacular season.

But before the festivities begin, be sure to put safety first when making your Halloween plans. You can guarantee a happy and safe Halloween for young and old alike just by following these simple, precautionary tips.

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Snow Plowing Contract Documents are available by sending an e-mail request to Assistant Director, David Lizotte at dlizotte@tewksbury-ma.gov with the subject: **Snow Plowing 2024-2025**. Contractors at the time should indicate what type of equipment and quantity that might be available. No monetary deposit is required to obtain electronic documents. Contract Documents may also be examined and obtained, at the DPW office located at 999 Whipple Road, during the following hours: 8:00 a.m. - 3:00 p.m. Monday through Thursday.

The Town has a Sign on bonus, attendance bonus and fuel escalation clause to offset variable pricing at the pump for vehicles of all sizes. The Town is also seeking bobcats, with or without plows, for municipal buildings and encourages landscape companies looking to sign on their trucks and bobcats to reach out.

Additional information and questions can be directed to our office at 1-978-640-4440.

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Water Leaks Can Cost You Thousands. Here's What to Know

(StatePoint) A leaky faucet, pipe or toilet is more than just a nuisance, it can lead to unhealthy mold growth and cause costly damage to your home. Such issues are more common than you may think. In fact, two out of five homeowners have experienced water damage.

Fortunately, it's easier than ever to detect a leak. Beyond the typical warning signs, such as higher than usual water bills and unexplained damp spots on walls and ceilings, new products can help you detect and address water leaks right away.

The Flo Smart Water Monitor and Shutoff from Moen, for example, is a game-changing smart water device that offers 24/7 leak detection. If the system detects a leak, your smart water valve will automatically turn off your water to prevent flooding.

Water damage can have potentially devastating impacts. By being vigilant and relying on innovative solutions, you can protect your home, your health and your wallet.

Don't Let a Water Leak Leave You Sinking

Water damage is more common than most people think, with 2 out of 5 homeowners having experienced it.

3 TIPS TO PREVENT WATER DAMAGE

INSPECT pipes, faucets and toilets periodically

INSULATE pipes in attics and crawl spaces to prevent freezing

INSTALL smart leak detection products such as the Flo Smart Water Monitor and Shutoff

• 60% of the people who have adopted the device since its launch discovered a leak they didn't know they had within 30 days

• The Flo Smart Water Monitor and Shutoff can reduce more than 90% of annual household water waste

Don't let your wallet feel the drip!

For more information on how to prevent water damage, visit moen.com/flo

MOEN
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\$12,500
The average cost to fix a catastrophic water leak

24%
The number of all insurance claims related to water damage

WATER DAMAGE IS CLAIMED 6x MORE THAN FIRE

8x MORE THAN THEFT

10,000 GALLONS
The amount of water an average home wastes each year

ENOUGH TO FILL A 21-FOOT POOL!

Sources: Moen 2024 Flo Awareness Survey. Data provided to Flo Technologies by Smart Water Shutoff owners. <https://www.epa.gov/watersense/fix-leak-week>

Just Decks Carpentry serving the area for over 25 years

Just Decks Carpentry specializes in creating affordable outdoor living spaces of superior quality, while being a local full-service home improvement company. We have been serving the North of

Boston and Middlesex County area for over 25 years, building attractive, practical, and long-lasting decks, porches, additions, dormers, and pool decks.

A well-planned and well-built deck or porch adds to

your living or recreation space while enhancing the curb-appeal and value of your home. We build beautiful custom work on time and on budget and work hard to ensure our customers' complete satisfaction. Our highly skilled craftsmen create beautiful, affordable additions that we would be proud to enjoy at our own homes. All of our work is above Mass. Building Code. As Robert and Heidi in Lexington stated, "We hired them to build a backyard deck. We liked it so much that we then hired them to do a front porch and a kitchen walkway. We love the results and neighbors are constantly complimenting us on the work. They paid attention to detail and were always professional."

Building the right deck or porch for you involves listening carefully, identifying key wants and needs, considering the configuration of the house and the land, some artistry, construction sense, the right materials, and solid workmanship. As Dawn and Mark in Lowell wrote: "Thanks for all the creative ideas on design and for your cooperation incorporating our ideas into the plan. We love our deck and feel very lucky to have such a beautiful one! Your team is a class act - always on time and working neat, always cleaning up, just like you promised. We've enjoyed our exchanges of ideas. We know who we can call for future carpentry work."

Who does the work for Just Decks Carpentry on-site for your project? We do. We don't subcontract out. The owner and current team have been working together over 15 years and believe strongly in personalized service. We stand by the quality of our work and we maintain and build our reputation every day on every job. We are not a big company - so our overhead is low and that means savings for you.

See the variety and breadth of our work at our website JustDecksCarpentry.com

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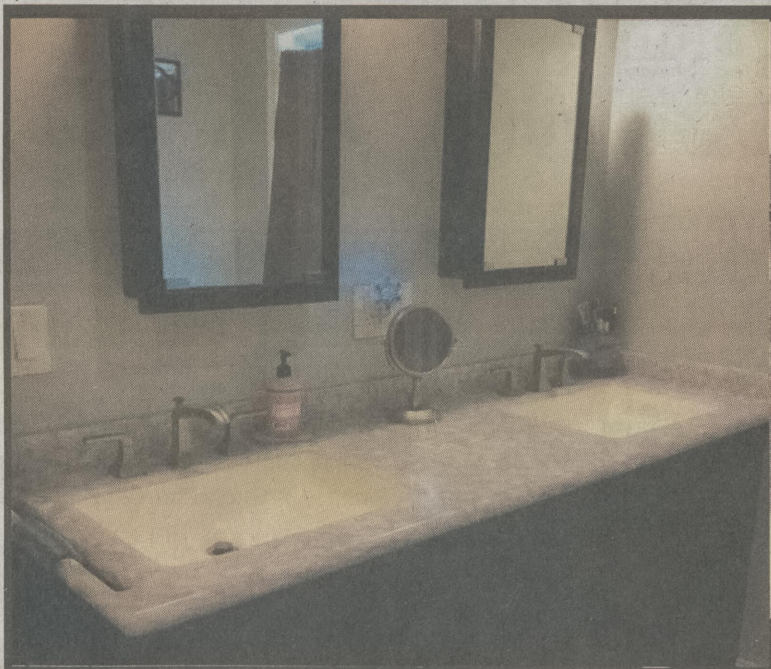
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Tewksbury Public Schools preschool screening

Tewksbury Public Schools — Preschool Screening (by appointment — see link below)

Tewksbury Public Schools is offering screenings on the following dates and locations: time 11:30 a.m. - 12:30 p.m.

Nov. 15, 2024 (Heath Brook elementary location)

Jan. 24, 2025 (Dewing elementary location)

March 21, 2025 (Heath Brook elementary location)

Tewksbury Public Schools conducts periodic developmental screenings for three- and four-year-old children. This screening is designed to review a child's development and to assist in determining appropriate supports that may be needed for developing preschool aged children.

The Tewksbury Integrated Preschool conducts screenings throughout the year and uses the DIAL-4 screening instrument. The screening team is composed of an Early Childhood Spe-

cialist, Speech and Language Pathologist and Preschool Teaching Assistants. The team is coordinated by the principal/preschool coordinator.

At the time of the screening, parents receive information about child development and also have the opportunity to speak with specialists regarding any concerns they may have about their child's development. Children participate in the screening activities within the preschool classroom and have an opportunity to play in a small group to screen communication and social skills.

If you are interested in registering for a screening, please complete the 2024-25 Preschool Screening Registration Form: <https://tinyurl.com/287759uy>

Contacts:

Dewing Elementary — Michelle Jennings
mjennings@tewksbury.k12.ma.us

Heath Brook Elementary — Sarah Buhler
sbuhler@tewksbury.k12.ma.us



(Courtesy photo)

Public Health Museum honors late Dorothy Hall

TEWKSBURY — The Public Health Museum in Tewksbury recognized Dorothy "Dot" Hall of Westford who passed away recently.

She had an extensive career in public health and

served on the Museum board since its inception in 1994. Hall was a fierce advocate for recognition of Cadet Nurses as WWII veterans.

"We are grateful for her service to the museum," the museum noted.

Her funeral arrangements are being handled by Healey Funeral Home in Westford. She will be buried in Fairview Cemetery, Westford.

In lieu of flowers, donations may be made in

Dorothy's memory to the United Methodist Church of Westford, ATTN: Financial Secretary, 10 Church Street, Westford, MA 01886 or to Friends of Cameron Senior Center, 20 Pleasant Street, Westford, MA 01886.



Yummy stuff from the Wilmington Farmers Market

Displaying some of the good stuff at the Farmers Market are Victoria Pawlins (left) and Luanne Bonnano. (joebrownphotos.com)

Tewksbury residents named to Dean's List at Simmons

BOSTON — The following local residents have been named to the 2024 spring semester dean's list at Simmons University in Boston.

- Madelyn Caliendo, Tewksbury
- Sarah Chawate, Tewksbury
- Kaylee Gaffney, Tewksbury
- Michelle Hinkle, Tewksbury

To qualify for dean's list status, undergraduate students must obtain a grade point average of 3.5 or higher, based on 12 or more credit hours of work in classes using the letter grade system.

About Simmons University

Located in the heart of Boston, Simmons is a

respected private university offering nearly 50 majors and programs for undergraduate women and graduate programs open to all on campus, in blended formats, or entirely online in nursing and health sciences, liberal arts, business, communications, social work, public health, and library and information science.

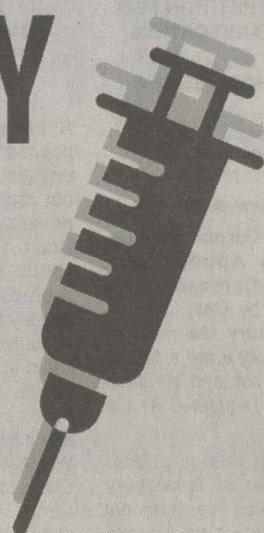
Founded in 1899, Simmons has established a model of higher education that other colleges and universities are only recently beginning to adapt: the combination of education for leadership in high-demand professional fields with the intellectual foundation of the liberal arts.

The result is a Simmons

graduate prepared not only to work, but to lead in professional, civic, and personal life — a vision of empowerment that Simmons calls preparation for life's work.

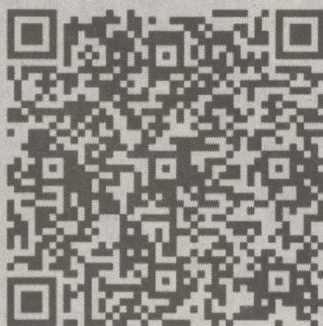
Follow Simmons on Twitter at @Simmons Univ, and on LinkedIn at <https://www.linkedin.com/school/simmons-university/>.

A SHOT TODAY KEEPS THE FLU AWAY



Join us at our upcoming Flu Clinic

November 6, 2024 | 4 pm - 6 pm
Town Hall, 121 Glen Road, Wilmington, MA



Please register today
Scan the QR Code or
following the link!

ALL INCLUSIVE OFFICE SPACE AVAILABLE

Large second-floor office space in the heart of Wilmington with easy access to The Commuter Rail and minutes from all major highways. This space would be ideal for a lawyer or a tax professional.



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LEGAL NOTICES ARCHIVE

All published legal notices are posted to the Massachusetts Public Notices website. To search the archive of previously published legal notices go to:
www.homenewshere.com OR masspublicnotices.org/Search.aspx

PUBLIC NOTICES

Every day throughout the United States newspapers publish thousands of public notices about events, conditions or actions that affect countless individuals, families, neighborhoods and businesses. Public notices cover many topics including guardianships, conservatorships and protective orders, probating wills, business matters, liquor licensing, public auctions and sales, estates, zoning, public meetings, bids to sell goods and services to the government, auctions to dispose of surplus government equipment, local government finances and state and local elections. The public notice is a fundamental component of our system of representative democracy, which depends upon the participation of educated, responsible citizens.

The Town Crier is the Newspaper of Record in
 Wilmington and Tewksbury, Massachusetts.

Public notices are published weekly. To place your notice email it to:
legals@dailytimesinc.com

Deadline for Wednesday's paper is 10 AM on Monday

LEGAL NOTICE

COMMONWEALTH OF MASSACHUSETTS
THE TRIAL COURT
PROBATE AND
FAMILY COURT

Middlesex Probate
 and Family Court
 10-U Commerce Way
 Woburn, MA 01801
 (781) 865-4000

CITATION ON PETITION FOR
FORMAL ADJUDICATION

Docket No. MI24P5401EA

Estate of: Robert E Williams
 Also known as:
 Robert Edmund Williams
 Date of Death: 05/11/2020

To all interested persons:

A Petition for Late and Limited Formal Testacy and/or Appointment has been filed by Robert C. Williams of Raynham MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Robert C. Williams of Raynham MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in unsupervised administration

LEGAL NOTICE

COMMONWEALTH OF MASSACHUSETTS
THE TRIAL COURT
PROBATE AND
FAMILY COURT

Middlesex Probate
 and Family Court
 10-U Commerce Way
 Woburn, MA 01801
 (781) 865-4000

CITATION ON PETITION FOR
FORMAL ADJUDICATION

Docket No. MI24P5539EA

Estate of: Joseph A Bowden
 Date of Death: 08/11/2024

To all interested persons:

A Petition for Formal Probate of Will with Appointment of Personal Representative has been filed by Gary J Bowden of Tewksbury MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Gary J Bowden of Tewksbury MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in unsupervised administration

LEGAL NOTICE

TOWN OF TEWKSBURY,
MASSACHUSETTSTOWN OF TEWKSBURY,
MASSACHUSETTS
DEPARTMENT OF PUBLIC
WORKS
ANDOVER ST. / NORTH ST.
TRAFFIC SIGNAL
IMPROVEMENTS PROJECT
CONTRACT PW-25-03

SECTION 00020

INVITATION TO BID

Sealed Bids for Andover Street/North Street Traffic Signal Improvements Project, Contract PW-25-03, will be received by the Town of Tewksbury at the Department of Public Works, 999 Whipple Road, Tewksbury, MA 01876, until 2:00 p.m., on Wednesday, November 20, 2024, at that time and place Bids will be publicly opened and read aloud.

The work under this contract consists of furnishing all necessary labor, materials, tools, and equipment to complete traffic

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 a.m. on the return day of 11/13/2024.

This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED
ADMINISTRATION UNDER
THE MASSACHUSETTS
UNIFORM PROBATE
CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Terri L. Klug Cafazzo, First Justice of this Court.

Date: October 16, 2024

Tara E. DeCristofaro,
 Register of Probate

241113 10/24/24

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 a.m. on the return day of 11/18/2024.

This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED
ADMINISTRATION UNDER
THE MASSACHUSETTS
UNIFORM PROBATE
CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Terri L. Klug Cafazzo, First Justice of this Court.

Date: October 21, 2024

Tara E. DeCristofaro,
 Register of Probate

241128 10/24/24

LEGAL NOTICE

COMMONWEALTH OF MASSACHUSETTS
THE TRIAL COURT
PROBATE AND
FAMILY COURT

Middlesex Probate
 and Family Court
 10-U Commerce Way
 Woburn, MA 01801
 (781) 865-4000

CITATION ON PETITION
FOR ORDER OF
COMPLETE SETTLEMENT

Docket No. MI22P4163EA

Estate of: Patricia A. Murphy
 Date of Death: 01/12/2022

A Petition for Order of Complete Settlement has been filed by Lisa Flynn of Tewksbury MA requesting that the court enter a formal Decree of Complete Settlement including the allowance of a final account, a determination of testacy and heirs at law, the allowance of a proposed distribution and other such relief as may be requested in the Petition.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this court before 10:00 a.m. on the return day of 11/01/2024.

This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

WITNESS, Hon. Terri L. Klug Cafazzo, First Justice of this Court.

Date: October 16, 2024

Tara E. DeCristofaro,
 Register of Probate

241104 10/24/24

LEGAL NOTICE

COMMONWEALTH OF MASSACHUSETTS
THE TRIAL COURT
PROBATE AND
FAMILY COURT

Middlesex Probate
 and Family Court
 10-U Commerce Way
 Woburn, MA 01801

CITATION GIVING NOTICE
OF PETITION FOR
APPOINTMENT OF GUARDIAN
FOR INCAPACITATED
PERSON PURSUANT TO
G.L. c. 190B, Section 5-304

Docket No. MI24P5329GD

In the matter of:
 Alfred Paulino

Of: Tewksbury, MA

RESPONDENT

Alleged Incapacitated Person

To the named Respondent and all other interested persons, a petition has been filed by Mass. Dept. of Mental Health of Westborough, MA in the above captioned matter alleging that Alfred Paulino is in need of a Guardian and requesting that (or some other suitable person) be appointed as Guardian to serve on the bond.

The petition asks the court to determine that the Respondent is incapacitated, that the appointment of a Guardian is necessary,

downloadable bid set. Contact Accent Printing or call 978-362-8038 for distribution questions. No monetary deposit is required to obtain the documents. Contract Documents may also be examined, but not obtained, at the DPW office during the following hours: 7:00 a.m. - 3:30 p.m. Monday through Friday.

Each Bid shall be submitted in accordance with the Instructions to Bidders and shall be accompanied by a Bid Security in form of a certified check, cashier's check or security bond in the amount of 5 percent of the Bid. This contract has been written in conformance with the COMMONWEALTH OF MASSACHUSETTS DEPARTMENT OF TRANSPORTATION STANDARD SPECIFICATIONS FOR HIGHWAYS AND BRIDGES, 2024 EDITION; SUPPLEMENTAL SPECIFICATIONS, DATED JUNE 30, 2024; MASSACHUSETTS DEPARTMENT OF TRANSPORTATION CONSTRUCTION STANDARD DETAILS, DATED OCTOBER 2017. Additional supplemental specifications have been added where applicable and will govern in the contract.

Bidders may not withdraw their Bids for a period of 45 days, excluding Saturdays, Sundays



LEGAL NOTICE

TOWN OF TEWKSBURY
TREE WARDEN

NOTICE OF PUBLIC HEARING

In accordance with Massachusetts General Laws (MGL), Chapter 87, Public Shade Tree Law, Section 3 (Cutting of Public Shade Trees; Hearing; Damages), the Town of Tewksbury Tree Warden will hold a Public Hearing regarding the removal of public shade trees on Thursday, November 7, 2024, at 10:00 a.m. at the Tewksbury DPW, 999 Whipple Road, Tewksbury, MA. Any person interested or wishing to be heard on this matter should appear at the time and place designated or submit a written objection with your name and address prior to the date and time listed.

The proposed removal is a resident request to remove a tree.

The location of the town tree affected is (1) Oak at 73 County Road.

Objections can be made in writing at the time of the hearing or sent to the attention of the Tree Warden at the Tewksbury Department of Public Works, 999 Whipple Road, Tewksbury, MA 01876 prior to the hearing.

Kevin Hardiman, P.E.
 Director of Public Works

241105 10/24, 31/24

LEGAL NOTICE

TOWN OF WILMINGTON
SELECT BOARD

PUBLIC HEARING

Notice is hereby given that a Public Hearing will be held before the Select Board in the Wilmington Town Hall, 121 Glen Road, Room 9, Wilmington, MA at 7:00 p.m. on Tuesday, November 12, 2024 on the application of Michael J. Newhouse, Esquire, on behalf of S&K Associates, LLC, 29 Highland Circle, Needham, MA 02494, to Remove Earth Products on land situated at 11 Commonwealth Avenue, Wilmington, MA, and further described as Parcel 168A, on Assessors' Map 40 and shown on a plan on file with the application for said permit.

Gregory B. Bendel
 Select Board
 10/24, 31/24

241109

LEGAL NOTICE

TOWN OF WILMINGTON
PLANNING BOARD

The Planning Board will hold a Public Hearing on November 12, 2024 at 7:30 p.m. in the Town Hall Auditorium, 121 Glen Road, Wilmington, MA for a Site Plan Review #24-17 and Stormwater Management Permit #24-16, plan entitled, "Plans to Accompany Permit Documents for Upton Park, 36 & 38 Upton Drive, Wilmington, Massachusetts"; dated October 7, 2021, last revised September 14, 2022, prepared by Todd P. Morey, P.E., Beals Associates Inc., 2 Park Plaza, Suite 200, Boston, MA 02116. The application is for the extension of and phasing of the previously approved project to construct 234,240sf of industrial space. Said property is located at 38 Upton Drive and shown on Assessor's Map R1 Parcel 18.

A copy of the plan is on file at the Planning & Conservation Department and may be inspected during the hours of 8:30 a.m. and 4:30 p.m. Monday through Friday.

Any person interested, or wishing to be heard on the proposed plan, should appear at the time and place designated.

Terence Boland, Chair
 Wilmington Planning Board
 241120 10/24, 10/31

LEGAL NOTICE

TOWN OF WILMINGTON
PLANNING BOARD

The Planning Board will hold a Public Hearing on November 12, 2024 at 8:05 p.m. in the Town Hall Auditorium, 121 Glen Road, Wilmington, MA for a Site Plan Review #24-18 and Stormwater Management Permit #24-17, and for Section 6.6.7.7 Groundwater Protection District Special Permit #24-08, plan entitled, "Site Plan, 685 Main Street, Town of Wilmington, Assessor's Map 39, Parcel 11"; dated September 23, 2024, prepared by Luke J. Roy, P.E., LJR Engineering, Inc., 234 Park Street, North Reading, MA 01864. The application is for the renovation of the existing building, parking, stormwater management, and site improvements. Said property is located at 685 Main Street and shown on Assessor's Map 39 Parcel 11.

A copy of the plan is on file at the Planning & Conservation Department and may be inspected during the hours of 8:30 a.m. and 4:30 p.m. Monday through Friday.

Any person interested, or wishing to be heard on the proposed plan, should appear at the time and place designated.

Terence Boland, Chair
 Wilmington Planning Board
 241119 10/24, 10/31

LEGAL NOTICE

TOWN OF WILMINGTON
MASSACHUSETTSWILMINGTON TOWN HALL
121 GLEN ROAD
WILMINGTON, MA 01887

INVITATION FOR BIDS

Sealed bids for furnishing the following item will be received at the Office of the Town Manager, Wilmington Town Hall, 121 Glen Road, Wilmington, MA 01887 until the time specified below at which time the bids will be publicly opened and read:

Wilmington High School
Synthetic Turf Replacement
Project

Bid Specifications are available for download at the Town of Wilmington's Purchasing Department website:
<https://www.wilmingtonma.gov/purchasing-department>

Bids will be opened at Wilmington Town Hall, Room 9, on November 13, 2024, at 10:00 a.m. Each Bid must be accompanied by a bid security consisting of a BID BOND, CASH, or CERTIFIED CHECK issued by a responsible bank or trust company in the amount of 5% of the bid price.

Pre-Bid Conference and Site Visit will be held at Wilmington High School Alumni Stadium Field located at 159 Church Street, Wilmington, MA, on October 30, 2024 at 10:00 a.m.

A performance bond in an

amount equal to 100 percent of the total amount of the contract price with a surety company qualified to do business in the Commonwealth of Massachusetts will be required for the faithful performance of the contract, as well as a labor and materials bond in an amount equal to 100 percent of the total contract price.

All bids for this project are subject to applicable public bidding laws of Massachusetts, including, but not limited to G.L. c.30, §39M.

Attention is directed to the minimum wage rates to be paid as determined by the Commissioner of Labor and Workforce Development and the weekly payroll record submittal requirements under the provisions of Massachusetts General Laws, Chapter 149, Section 26 through 27D inclusive.

Selection of the contractor will be based upon bidder qualifications, including evidence of past performance in similar projects, and bid price. The contract will be awarded to the bidder deemed by the awarding authority to be the lowest responsible and eligible bidder.

The bidder agrees that its bid shall be good and may not be withdrawn for a period of 30 days, Saturdays, Sundays and legal holidays excluded, after the opening of the bids.

The Town reserves the right to waive any informalities, to accept or reject, in whole or in part any or all bids, or take whatever other action may be deemed to be in the best interest of the Town.

R. Eric Slagle
 Town Manager
 10/24/24



▲ From left are Shelly Newhouse (Director of Public Health), Brian Pupa (Deputy Police Chief), Shannon Depierro (Cummings Foundation), Lou Cimaglia (Director of Veterans Services), Judy O'Connell (Assistant Town Manager), Samantha Cavanaugh (Health & Recovery Coordinator), Don Purington (Justice Involved Supervisor, Executive Office of Veterans Services), Charlie Fiore (Detective Lieutenant), Terri Marciello (Director of Elder Services), and Alice Brown-LeGrant (Director of Student Support Services, Wilmington Public Schools) celebrate receiving a Cummings grant. (Courtesy photo)

Wilmington Wellness Coalition receives Cummings grant

WILMINGTON — Wilmington Wellness Coalition is one of 150 local nonprofits that will share in \$30 million through Cummings Foundation's major annual grants program. The Wilmington-based Coalition Board was selected from a total of 715 applicants during a competitive review process. It will receive \$150,000 over three years.

The Wilmington Wellness Coalition (WWC), a specialized board of the Town of Wilmington, seeks to address the rising concerns of behavioral health needs within the Wilmington community by providing prevention, education, and support in efforts to promote healthy and responsible behaviors.

WWC is comprised of members of the community and other town departments who serve different populations of Wilmington, such as the Health & Recovery Unit (Police/Fire), Elder Affairs, Veteran Affairs, and the Public School District.

"Receiving this grant allows WWC to take ac-

tionable steps towards removing gaps in services, as identified through a recent Caretaker Survey and the results from the Youth Risk Behavior Survey (YRBS). These funds will provide direct and customized care to individuals directly or indirectly impacted by behavioral health," said Wilmington Police Health & Recovery Coordinator and Chair of WWC, Samantha Cavanaugh.

In conjunction with some opioid settlement abatement payouts which the Town of Wilmington is receiving, these funds will help make it possible to provide clinical support to residents that are seeking therapy but are experiencing roadblocks in establishing long-term therapy. The goal is to provide residents access to cost-free services with a referral from a partnering town office to promote immediate clinical interventions and therapy.

Individuals of diverse experiences will be serviced, including, but not limited to children, ado-

lescents, adults, seniors, veterans, LGBTQ+, substance use, mental health, developmental health, and trauma.

The Cummings \$30 million grant program primarily supports Massachusetts nonprofits that are based in and serve Middlesex, Essex, and Suffolk counties, plus six communities in Norfolk County.

Through this place-based initiative, Cummings Foundation aims to give back in the areas where it owns commercial property. Its buildings are all managed, at no cost to the Foundation, by its affiliate, Cummings Properties. This Woburn-based commercial real estate firm leases and manages 11 million square feet of debt-free space, the majority of which exclusively benefits the Foundation.

"Greater Boston is fortunate to have a robust, dedicated, and highly capable nonprofit sector that supports and enhances the community in myriad ways," said Cummings Foundation executive di-

rector and trustee Joyce Vyriotes. "The entire Cummings organization is thankful for their daily work to help all our neighbors thrive."

The majority of the grant decisions were made by nearly 100 community volunteers. They worked across a variety of committees to review and discuss the proposals and then, together, determine which requests would be funded. Among these community volunteers were business and nonprofit leaders, mayors, college presidents, and experts in areas such as finance and DEI (diversity, equity, and inclusion).

"We believe strongly that grant decisions will be more equitable when made by a diverse group of community members," said Vyriotes. "We're incredibly grateful to the dozens of individuals who participated in our democratized philanthropic process."

The Foundation and volunteers first identified 150 organizations to receive three-year grants of up to \$300,000 each. The win-

ners included first-time recipients as well as nonprofits that had previously received Cummings grants. 25 of this latter group of repeat recipients were then selected by a panel of community volunteers to have their grants elevated to 10-year awards ranging from \$300,000 to \$1 million each.

This year's grant recipients represent a wide variety of causes, including housing and food insecurity, workforce development, immigrant services, social justice, education, and mental health services. The nonprofits are spread across 49 different cities and towns.

Cummings Foundation has now awarded \$500 million to greater Boston nonprofits. The complete list of this year's 150 grant winners, plus nearly 2,000 previous recipients, is available at www.CummingsFoundation.org.

About Wilmington Wellness Coalition
Established in 2014 by members of the Town of Wilmington, WWC has of-

fered community education, substance use prevention efforts, and brought key stakeholders to the table with shared goals of service delivery around present behavioral health needs. Today, WWC continues to strive to meet community-based needs through providing free of charge activities and resources. More information is available at <https://www.wilmingtonma.gov/wilmington-wellness-coalition>.

About Cummings Foundation

Woburn-based Cummings Foundation, Inc. was established in 1986 by Joyce and Bill Cummings of Winchester and has grown to be one of the largest private foundations in New England. The Foundation directly operates its own charitable subsidiaries, including New Horizons retirement communities, in Marlborough and Woburn, and Cummings Health Sciences, LLC. Additional information is available at www.CummingsFoundation.org.

Wilmington man arrested, charged with sex crimes

PROVIDENCE, RI — A Wilmington, man was arrested recently and charged by complaint in Rhode Island federal court, after allegedly travelling to Rhode Island to meet and have sexual contact with a person he believed to be a 14-year-old girl, announced United States Attorney Zachary A. Cunha.

Robert Consorti, 63, was arrested on Thursday by members of the Rhode Island State Police Internet Crimes Against Children (ICAC) Task Force and Homeland Security Investiga-

tions after arriving in Warwick at a location where he believed he would be meeting with the girl.

As reflected in court documents, for more than a week prior to his arrest, Consorti allegedly communicated online and by text message with a person who he thought to be a young teenage girl, but who was, in reality, an East Providence Police Department Detective assigned to the ICAC Task Force.

It is alleged that, at Consorti's direction, the communications rapidly turned sexual in nature,

and that Consorti proposed that the two meet for sexual encounters. On Thursday, when Consorti arrived at a Warwick location where he was allegedly expecting to meet the 14-year-old, he was instead met by members of the ICAC Task Force and arrested.

At the time of his arrest, law enforcement officers seized a backpack that allegedly contained condoms, lubricant, massage oils, and a vibrator from Consorti's vehicle.

Consorti appeared on Thursday before a U.S. Magistrate, charged by way of a federal criminal

complaint with attempted enticement of a minor to engage in illicit sexual activity and interstate travel with intent to engage in illicit sexual activity.

A federal criminal complaint is merely an accusation. A defendant is presumed innocent unless and until proven guilty.

This case is being brought as part of Project Safe Childhood, a nationwide initiative to combat the growing epidemic of child sexual exploitation and abuse, launched in May 2006 by the Department of Jus-

tice. Led by the U.S. Attorneys' Offices and the DOJ's Child Exploitation and Obscenity Section, Project Safe Childhood marshals federal, state, and local resources to locate, apprehend, and prosecute individuals who exploit children, as well as identify and rescue victims.

For more information about Project Safe Childhood, please visit <https://www.justice.gov/psc>.

The case is being prosecuted by Assistant United States Attorney John P. McAdams.

The matter was investigated by the Rhode Is-

land State Police ICAC Task Force and Homeland Security Investigations.

The ICAC Task Force is comprised of members of the Rhode Island State Police Computer Crimes Unit along with detectives from the Warwick Police Department, Cranston Police Department, East Providence Police Department, Pawtucket Police Department, Portsmouth Police Department, Bristol Police Department, Middletown Police Department, and Special Agents from Homeland Security Investigations.



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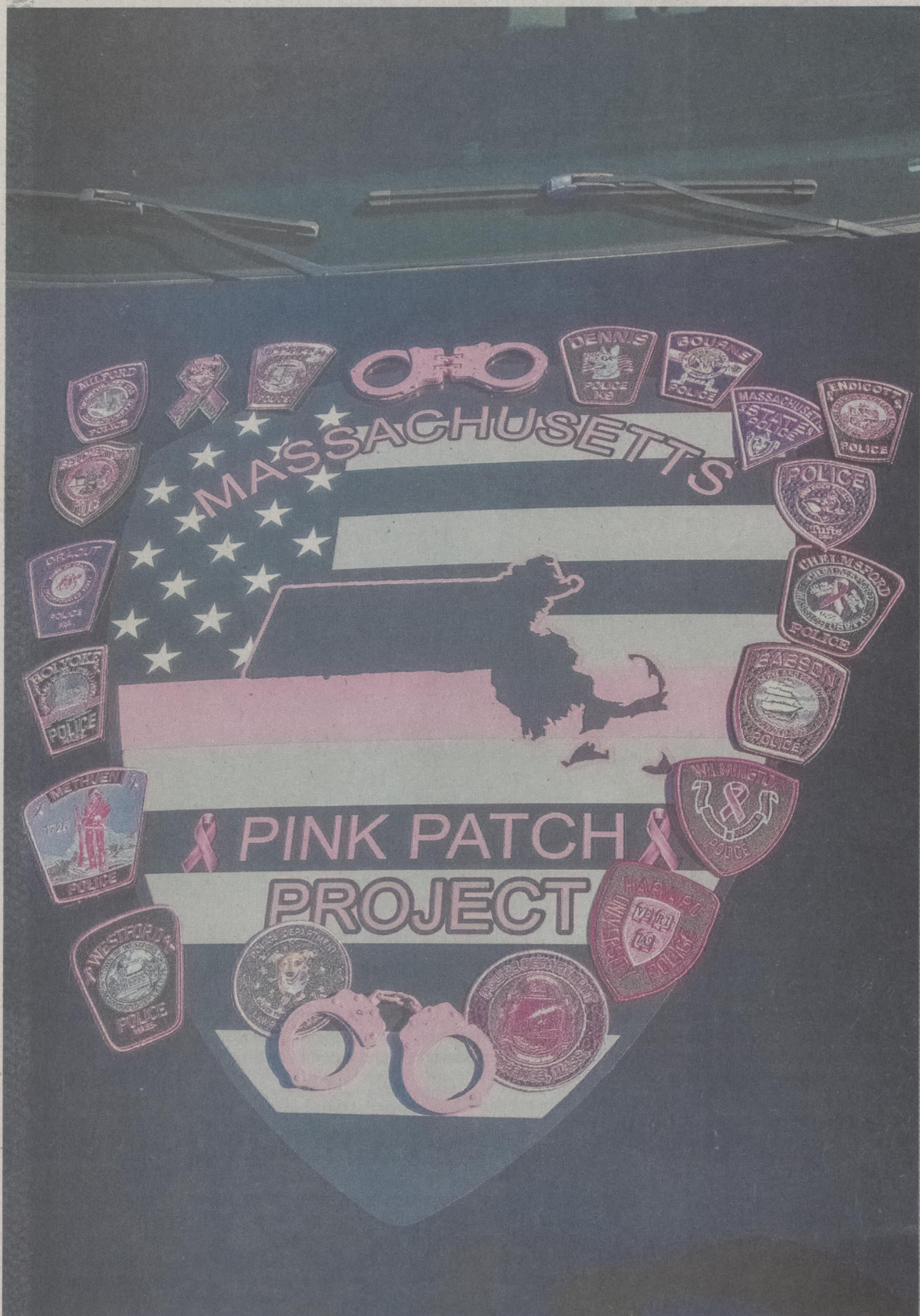
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• EVERYTHING IS JUST A FEW CLICKS AWAY •

Daily Times Chronicle • Stoneham Independent
Wilmington Town Crier & Tewksbury Town Crier



Pink Patch Project for breast cancer

Wilmington's Officer McMeekin joined with Massachusetts law enforcement officers to promote the Pink Patch Project last week. Wilmington PD said it's proud to support the Breast Cancer Research Foundation with their pink patch sales — \$10 each at the WPD front desk. (Courtesy photo)



Benchmark at Billerica Crossings

WHERE YOU CAN DISCOVER EXPERIENCES YOU NEVER KNEW YOU LOVED.

At Benchmark, we've worked tirelessly for over 27 years to become New England's largest senior living provider, never losing sight of excellence. From early on, our Billerica community has provided exceptional care and experiences. For the third straight year, we're proud our residents and their families have voted Billerica Crossings a U.S. News Best for assisted living and memory care—the only provider in town to earn both awards. This summer, we're pleased to unveil refreshed spaces in which residents can continue to enjoy our nationally award-winning amenities, personalized care, restaurant-style dining and engaging programs.



Call 978.625.9109 to schedule a visit!
20 Charnstaff Lane | Billerica
BillericaCrossings.com



Pending EOE/License.

Help for those who need it most

FIRE FROM PAGE 1

was meant to provide assistance while they wait for long-term services.

Kevin Caira asked about the caseload that the therapist could take on. Cavanaugh suggested that they could take on up to 20 patients at a time over their 30-hour work week, but she couldn't say exactly, as it depends on the needs.

Caira also wondered if they were working with Mayflower for this offering. Cavanaugh replied that this would be completely separate from Mayflower. They would seek a referral for each individual and keep open relationships with providers in town if further services are needed.

Caira asked about the cost for the office space. Cavanaugh shared that the unit cost \$533 a month, which includes wi-fi. She explained that the building had a shared receptionist and office space with private rooms. The salary to be offered to the therapist was between \$46 and \$62 an hour depending on experience, for up to 30 hours a week.

Including the therapist's health insurance and money for liability insurance, the overall cost would come out to a little over \$100,000 per year.

Gary DePalma wondered if they would work with patients' insurance providers for the cost of care. Cavanaugh explained that

they were intentionally not contracting or dealing with insurance, as they wanted to eliminate inequalities with connecting to insurance. There would be no exchange of funds or cost at all for the patients; the services would be provided free of charge for up to six months.

At the end of the six months, if the individual still needs therapy, they would connect them with a provider who did take their insurance.

Lilia Maselli simply commented that the proposal was awesome and she looked forward to the addition.

Frank West said that while it is unfortunate to have this need, it was great to have people in town such as Cavanaugh seeking grant money and trying to help people. He appreciated that this would provide care to individuals while they're waiting for services.

Cavanaugh shared that her research for this project started about a year and a half earlier. She hadn't come across any other towns or cities nearby offering a similar service. As far as she was aware, Wilmington would be there first in the surrounding area to provide free therapy to residents.

Bendel said that he was grateful for the Cummings Foundation and that the proposal was terrific. He asked Cavanaugh to keep the board updated on the position.

WCF thanked for contributing to WFD

FIRE FROM PAGE 1

whole," she said.

She shared about previous donations to Wilmington including two previous visible house number reviews, sets of smoke detectors, and solar panels.

DiGregorio also mentioned the SafetyNet program they supported with trackable bracelets for those who may easily run off or get lost. The WCF originally purchased six bracelets, and then after talking to the chief and learning that the public safety department only had one bracelet left, they reached out to We're One Wilmington.

In total, the two organizations purchased an additional 10 bracelets for Wilmington residents. The WCF members said that these are lifesaving devices.

They also asked the chief if the Jaws of Life they had donated previously were still in use,

and Cavanaugh confirmed that they had one remaining in operation.

Chair Greg Bendel thanked the WCF board members for their contributions in equipping the fire department with another tool to help save lives.

Frank West invited the WCF members to share more about the organization.

DiGregorio explained that the WCF receives donations from residents and businesses for the fund and runs the food pantry, but they don't conduct any fundraising activities. They mentioned the high school food drive coming up on Nov. 16 to drop off food before Thanksgiving and a new Adopt-a-Family program for Christmas present assistance.

They were also exploring ideas for celebrating their 80th anniversary next year.

Lilia Maselli thanked them for all that they do for the community. She

said that helping EMTs and firefighters provide patients with better care was invaluable, and she appreciated hearing these stories.

Gary DePalma said that things like these are what make Wilmington, Wilmington.

"People forget that there are people out there who need help," he said. "If I had a pedestal I'd put you on it right now."

He congratulated the group on their donation.

Kevin Caira stated that the fire department in town is top notch and deserving of the best equipment. He said that all of the donations the WCF has made throughout the years are amazing and thanked the groups and individuals who made it possible.

Bendel asked the WCF to let the board know how else they could support them and thanked them again for the very generous donation.

Early voting continues all week at town hall

EARLY FROM PAGE 1

Town Clerk's Office on that day can do so from 9 a.m. to 5 p.m.

On the sample specimen ballot found on the town clerk website it lists the following offices and candidates:

Running for president and vice president are Ayyadurai and Ellis under the Independent Party, De La Cruz and Garcia under the Socialism and Liberation party, Harris and Walz under the Democrat Party, Oliver and Ter Maat under the Libertarian Party, Stein and Caballero-Roca under the Green-Rainbow Party, and Trump

and Vance under the Republican Party.

Running for Senator in Congress is re-election candidate Elizabeth Warren under the Democrat Party and John Deaton under the Republican Party.

Running for Representative in Congress is Seth Moulton, running for re-election unopposed in the Democratic Party.

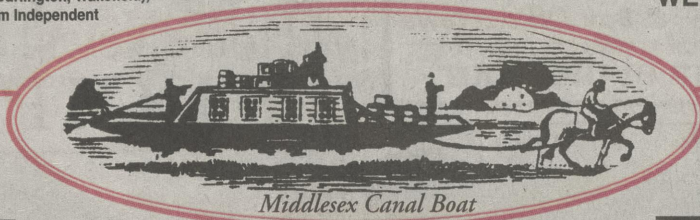
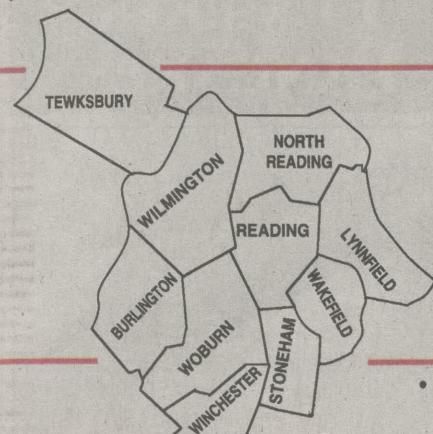
Running for Councillor is Anne M Manning-Martin under the Republican Party, Eunice Ziegler under the Democratic Party, and Jody Elliot under the Independent Party.

Running unopposed for Senator in General Court

is Barry Finegold, running for re-election in the Democratic Party.

And finally, running for Representative in General Court is David Allen Robertson running for re-election under the Democratic Party, Paul Sarnowski running under the Republican Party, and George Ferdinand running under the Independent Party.

In election years such as these, it is imperative that all residents and citizens make their voices heard through this voting process. Residents are encouraged to vote and change the future, one ballot at a time.



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Tewksbury's Smith working to make breast cancer care more affordable

By RYAN LAROCHE

Right now, according to Joe Chambers from the CK Communications Group, Massachusetts is the only state in New England that doesn't force insurers to cover the complete cost of breast cancer screenings. In fact, more than half of the states in America require this, including much of the south.

Alyssa Smith of Tewksbury is trying to make things more affordable. Smith is a passionate young survivor who has traveled to the State House and Washington, DC to advocate for laws that provide more affordable and accessible care to people facing breast cancer. She was diagnosed in 2016 at the age of 38.

Despite being healthy and active and having no family history of cancer, she found a lump in her right breast. Her son was two-and-a-half years old at her time of diagnosis and she credits him to getting her through a very difficult time in her life.

To help others, Smith is taking part in the Susan G Komen MORE THAN PINK walk this month in Boston on Saturday, Oct. 26. Smith said she first got involved with the Susan G. Komen organization "during active treatment by simply participating in their More Than Pink Boston walk."

"Throughout my harrowing journey with breast cancer, I kept trying to find an answer, a why did this happen to me scenario. There had to be a reason. It was then I knew continuing to seek something that just couldn't be answered was a waste of time. Instead, I began focusing on who I was, and drawing strength in my desire to give back, to use my voice for change, finding my purpose."

"When active treatment concluded I connected with some wonderful people at Komen. Eventually, I applied to become an Advocacy Ambassador and was thrilled when I received the acceptance! I have been an Advocacy Ambassador for four years."

Besides Smith, thousands are expected to fill North Point Park in Cambridge on Saturday, Oct. 26, 2024, for the Susan G. Komen® MORE THAN PINK Walk. The annual event brings together survivors, supporters and advocates to raise critical funds to advance the world's leading breast cancer organization's mission and provide support for people facing this disease now. Walkers can sign up for the two-mile event now at [Komen.org](https://www.komen.org).

This year's walk will include a number of activities for survivors and those currently living with metastatic breast cancer. The morning starts with a survivor breakfast in Hope Village. Then, all survivors and those currently in treatment will unite and walk into the Opening Ceremony. The two-mile walk will wrap up with a gathering complete with music, snacks and activities. All walkers will also have the opportunity to join ShareForCures, a research registry focused only on finding the cures for breast cancer.

For those interested in donating, Smith said people can donate through the website www.komen.org.

"Susan G. Komen is the only organization that addresses breast cancer on multiple fronts," she added. "These include research, community health, global outreach, and public policy initiatives to make the biggest impact against this disease. 80 cents of every dollar donated goes toward funding these missions, fueling research, unlocking the biology of breast cancer, and discovering insights that propel us toward more effective risk reduction strategies. Including earlier detection methods and innovative treatments. This has helped reduce breast cancer mortality by about 42 percent."

According to the Susan G. Komen foundation, every 12 minutes a woman in the U.S. dies from breast cancer. In 2024 alone, an estimated 7,150 women in Massachusetts will be diagnosed with breast cancer and 730 will lose their lives to the disease.

• SMITH TO B-3



THEN AND NOW - Alyssa Smith of Tewksbury has the support of her son who was by her side helping her get through her cancer diagnosis and treatment. At just two-and-a-half years old (in the above photo), she said she needed to beat this "not only for me, but for him." Below, her son is now 11 years old, and Alyssa is on the road to recovery. (Photos courtesy of Alyssa Smith)

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1.75 l
\$28.99

Jameson Irish Whiskey
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Basil Hayden Bourbon
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\$26.99

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\$17.99

Dewars Scotch
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Sogno Di Sorrento Lemoncello
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Ghost 100% Agave Tequila
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Eno

Friday, October 25, 2024 - 8:00 pm

Eno: A generative documentary film by Gary Hustwit.
A Film First / Tigerlily Production. Runtime: 1hr. 40min

The Sixth Annual
Tom Petty Night

With... THE GREG KLYMA BAND

Saturday
October 26, 2024
8:00pm

LIVE! SPECIAL GUEST
Kit Holliday

A MAN NAMED CASH

Sunday
November 10, 2024
2:00 pm

THE PREMIER TRIBUTE TO
JOHNNY CASH
AND
JUNE CARTER CASH



DATING GAMES - Tony Hale, left, and Anna Kendrick in a scene from the thriller "Woman of the Hour" now on Netflix. (Leah Gallo/Netflix via AP)

By JAKE COYLE
AP Film Writer

In Anna Kendrick's "Woman of the Hour," a chilling, based-on-a-true-story drama about when a 1970s serial killer appeared on an episode of "The Dating Game," one of the most telling images isn't a grisly murder scene (though there are those). It's Pete Holmes' face.

Kendrick, making her directorial debut, stars as an aspiring actor named Cheryl Bradshaw who ultimately winds up a contestant on that particular "Dating Game" episode. Early in the film, she's venting about her audition frustrations with a neighbor (Holmes) over drinks. After he makes an awkward pass, she recoils and he sits heavily, staring forward in disappointment.

The tension of those encounters, and how women are forced to handle, and suffer, the bruised egos of men, fuels "Woman of the Hour," a sometimes awkwardly plotted but consistently insightful thriller about the anxiety of the female experience and the

grim game of constantly weighing the threat of potential danger in men. The film begins streaming Friday on Netflix.

Kendrick, working from a script by Ian McDonald, opens "Woman of the Hour" with a scene in the remote foothills of Wyoming. There, Rodney Alcalá (Daniel Zovatto) is playfully photographing a young woman (Kelley Jakle) but soon has his hands around her throat.

Though the film then shifts primarily to Cheryl taping "The Dating Game," "Woman of the Hour" is interspersed with similarly gruesome encounters between Alcalá and women. They follow a similar pattern. He's charming and even sensitive, but turns violent at the first sign of rejection.

"Woman of the Hour" isn't your standard true crime dramatization. The perspective of Alcalá, who was convicted in 1980 of killing seven women and girls and died on death row in 2021, isn't the one that matters here. It's the women he targeted.

Kendrick's movie might have been a better, more

suspenseful film if it could have stayed in one timeline and teased all of the drama out of the "Dating Game" taping. But in unmasking Alcalá from the start, "Woman of the Hour" becomes more about the horror of a killer who thrived out in the open, even on national television. We watch in dread at just how easily he blends in next to bachelor one and bachelor two — and even seems like the most appealing of the bunch.

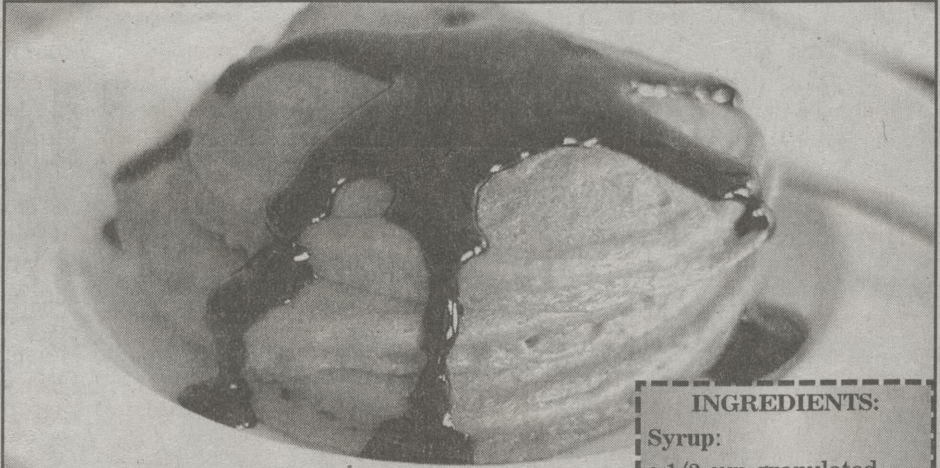
When Cheryl is thrust into the showbiz swirl of "The Dating Game," all of the sexist remarks and misogynistic underpinnings of the show appear only more sinister given Alcalá's presence. The host, a fictionalized Jim Lange named Ed Burke, is played with expert, flippant sleaze by Tony Hale. Kendrick keeps the camera on Cheryl's face in the makeup chair while Ed, just before showtime, tells her not to act too smart. "I just need you to laugh and smile over and over," he says.

Plenty more sexism is baked into the show. (One of Cheryl's cue cards reads:



HomeNewsHere
RECIPE

HALLOWEEN PUMPKIN PANCAKES



SEASONAL FAVORITE

- Perfect for the little ghouls in your life, we created our Halloween-inspired pumpkin pancakes using Bisquick and canned pumpkin.

STEPS

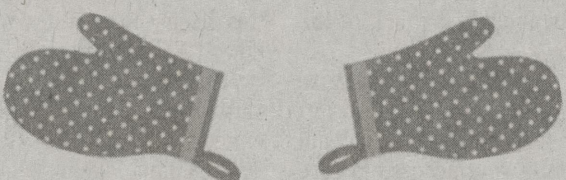
1. In 1-quart saucepan, heat Syrup ingredients to boiling, stirring constantly, slowly adding enough black food color to completely color the mixture black. Stir constantly while boiling a few more minutes until mixture thickens. Remove from heat; set aside.
2. In large bowl, stir together Pancake ingredients until well combined. Spoon batter onto hot

greased griddle; cook until golden, 2 to 3 minutes each side.

3. Transfer to serving plates; top with syrup, and serve warm.

EXPERT TIPS

- Pour syrup into a squeeze bottle so kids can "draw" spooky designs on their pancakes!
- Add 1/2 cup chocolate chips to the batter for pumpkin-chocolate chip pancakes.



INGREDIENTS:

Syrup:

- 1/2 cup granulated sugar
- 1/2 cup packed light brown sugar
- 2 tablespoons Gold Medal™ unbleached all-purpose flour
- 2 teaspoons ground cinnamon
- 1 teaspoon vanilla
- 1 cup water
- Black food coloring

PANCAKES:

- 2 cups Original Bisquick™ mix
- 1 cup milk
- 2 eggs
- 1/2 cup canned pumpkin (not pumpkin pie mix)
- 2 tablespoons granulated sugar
- 1/2 teaspoon ground cinnamon
- Pinch of nutmeg
- Red and yellow (or orange) food color

Saturday, November 2, at 7:30 pm

Linden Tree Concerts presents a night with instrumentalist singer-songwriter Joe Crookston

Linden Tree's 40th season continues with Joe Crookston on Saturday, November 2 at 7:30 pm. He is a gifted songwriter, guitarist, banjoist, artist, fiddler, slide guitar player, eco-village member and believer in all things possible. Besides being a multi-instrumentalist, Joe's stage presence is quietly thoughtful and meditative and then funny as hell. He was named 2016 Folk Alliance International Artist-in-Residence. His first album Able Baker Charlie and Dog went to #1 on the folk-acoustic DJ charts and was named Album of the Year (2008) by International Folk Alliance.

Joe Crookston is a master storyteller with songs that are universal, historical, humorous, and mystical. Several songs have been and are being made into movies. Many of his songs are based on true American stories such as the one he wrote about Florence Hemphill, a WWI Nurse from Kansas, or Roko Camaj, a World Trade Center Window Washer from NYC. The song Blue Tattoo was made into a documentary film honoring the life of Dina Jacobson a Auschwitz Holocaust Survivor. There is a trailer for Brooklyn in July on his website. The film tells of the day the indignities suffered by Frank Walker, a black WWII veteran, became too much to bear.

Joe's rhythm is infectious and with the lyrics and voice, Joe's the whole real deal who gains new fans at every show when he tours the USA, Ireland, and Canada. His love of his craft is obvious and his talent outstanding. His shows are entertaining one-man multi-media productions. Joe also brings his love of imagery to life on stage through the songs and his original paintings projected behind him, adding to the magic of a Joe Crookston performance. Audiences leave his shows inspired.

His recent CD, Nine Becomes One, was published in 2023 and features ten new songs.

Check out his website to see his artwork and references to the artists he has appeared with and awards he has won. www.JoeCrookston.com

The Linden Tree Coffeehouse is located in the social hall of the Wakefield Lynnfield United Methodist Church, 273 Vernon Street in Wakefield. There is a parking lot behind the church and it is handicapped accessible. The show begins at 7:30 pm, doors open at 7:00. Homemade baked goods and beverages are available. Tickets are \$25 (those under 18 \$10) Reservations: 781 246-2836. www.LindenTreeCoffeehouse.org.



MUSICIAN JOE CROOKSTON

Providing employment opportunities for individuals with diverse abilities

INSpire Café set to open this fall in Wakefield Center

Exciting news regarding an incredible new addition to the Wakefield Center! IN-Spire Café, a nonprofit organization dedicated to providing employment opportunities for individuals with diverse abilities, is set to open this fall. To help raise funds for this amazing cause, Janice Berner will be running the DC Marine Corps Marathon, with all proceeds going towards the café's opening.

INSpire Café, located near The Farm-land Grocery in Wakefield, MA, is more than just a coffee shop. Its mission is to create an inclusive workforce where people of all abilities can contribute and thrive. The café aims to foster a commu-

nity where differences are celebrated, and everyone is given the chance to succeed.

To support this initiative, donations of any size are greatly appreciated and are tax-deductible. Every contribution will go directly towards making INSpire Café a reality and providing valuable opportunities for the community. Please use the link below to donate:

(<https://www.classy.org/campaign/ja-nice-berner/c602425>)

Thank you for your generous support in helping INSpire Café achieve its vision of inclusion and empowerment for all. The café looking forward to seeing everyone at the grand opening to be announced soon.

• Real Estate Transfers •

BURLINGTON

30 Lexington St was sold to 10 Patterson Street LLC by Parikh, Nidhi R and Parikh, Rushin H for \$555,000 on 10/01/24

5 Maple Ridge Dr #5 was sold to Shah, Gautam and Shah, Sana by Zhang, Binbin and Zhang, Ziliang for \$832,500 on 10/02/24
43 Skelton Rd was sold to Emus, Michael S and Hogan, Caitlyn E by Oconnor, Rachel and Oconnor, Matthew for \$815,000 on 10/02/24

18 Spring Valley Rd was sold to Khalilpour, Akbar by H&p Knopp Rt and Dodwell, Loretta J for \$790,000 on 10/04/24

LYNNFIELD

70 Essex St was sold to Harrington, James and Harrington, Robert by Robinson, Jody for \$695,000 on 10/02/24

53 Locksley Rd was sold to Pagano, Robert and Valliere, Ashley by Gaeta Ft and Gaeta, Michael S for \$825,000 on 10/01/24

12 Temple Rd was sold to Pacelli, Adam and Pacelli, Brittany by Reed, Theodore for \$1,575,000 on 10/01/24

15 Vokes Ter was sold to Giove, Diane G and Giove, Stephen N by Streletsky, Anne and Streletsky, Joseph for \$625,000 on 10/02/24

NORTH READING

5 Lee Rd was sold to Premier Development Inc by Conrad, John for \$475,000 on 10/04/24

16 Lowell Rd was sold to Patton, William and Patton, Jaclyn by Griswold, Claire for \$755,000 on 10/04/24

READING

49 Salem St was sold to 49 Salem Street LLC by Frances Macleod T and Stone, Suzanne for \$675,000 on 10/04/24

8 Sanborn St #1005 was sold to Henry, James C by Garofalo, Anthony for \$264,500 on 10/03/24

67 Spruce Rd was sold to Newcomb, Richard and Newcomb, Victoria by Glen D Port Interim T and Port, Lynne for \$880,000 on 10/02/24

6 Vale Rd was sold to Toomy, Stephen and Toomy, Mariah by Jesser, Richard A and Jesser, Jane T for \$875,000 on 10/04/24

STONEHAM

4 Common St was sold to 4-6 Common Street Rt and McDonald Jr, William T by T Anderson Rt II and Anderson, Trudence B for \$1,200,000 on 10/01/24

1157 Franklin St was sold to Obrien, Abigail R by Opendoor Property J LLC for \$750,000 on 10/03/24

15 Margaret Rd was sold to Viselli, Nicole and Viselli, Emily by Tammaro, David and Tammaro, Kristin M for \$860,000 on 10/01/24

32 Perkins St was sold to Mersereau, Robert A and Bui, Giao K by Kenawell, Francis G and Sealey, Kendall P for \$790,000 on 10/04/24

TWEEKSBURY

2 Bruce St was sold to Prabhu, Prajnaya and Kamath, Prithvi by Briley, Jeannine L for \$770,000 on 10/02/24

20 Donovan Way was sold to Lehane, Timothy S and Lehane, Eden by Kelly, Christopher E and Sorrentino, Felicia M for \$945,000 on 10/04/24

913 East St was sold to 911 East LLC by 911-913 East Street LLC for \$1,650,000 on 10/01/24

220 Foster Rd was sold to Kent, Timothy by Sullivan Ft and Sullivan Sr, Russell F for \$540,000 on 10/04/24

1186 Main St was sold to McDonald, Marc H and Pollreis, Cheyenne M by Hamilton, Charles E and Hamilton, April D for \$633,270 on 10/01/24

2500 Main St #107 was sold to Properties By Jd LLC by Light Enterprises Inc for \$74,900 on 10/01/24

2 Melrose Ave was sold to Padilla, Jose A and Padilla, Claudia M by Lmn Capital LLC for \$620,000 on 10/02/24

WAKEFIELD

26 Acorn Ave was sold to Dailey, Conrad and Dailey, Kelsie by Heritage Builders Inc for \$1,849,000 on 10/04/24

10 Ames St was sold to Ardex LLC by Mcbeth, David W for \$620,000 on 10/04/24

19 Armory St #1 was sold to McKenzie, Sean B by Leber, Erica for \$553,700 on 10/01/24

14-16 Hamilton Rd was sold to Donato, Abraham L by Tracy, Shawn T and Tracy, Susan P for \$775,000 on 10/02/24

382 Lowell St #103A was sold to Fbs RET and Dicatoro, Michael R by 382 Lowell Street Rt and Sillari Jr, Charles J for \$130,000 on 10/04/24

382 Lowell St #103B was sold to Fbs RET and Dicatoro, Michael R by 382 Lowell Street Rt and Sillari Jr, Charles J for \$130,000 on 10/04/24

10 Partridge Ln was sold to Gray, Stephen T and Gray, Cynthia P by Viana, Luis M and Viana, Maria P for \$1,355,000 on 10/01/24

22 Yale Ave was sold to Clearsight Properties LLC by Petrosino, Raffaele A for \$950,000 on 10/01/24

WILMINGTON

27 Brand Ave was sold to Mangano, John and Oneil, John by Hallinan, Joanne C for \$325,000 on 10/02/24

20 Jones Ave was sold to 20 Jones Avenue Rt and Sullivan, Dennis by Afs Ft and Campbell, Kathleen M for \$400,000 on 10/03/24

18 Murray Hill Cir was sold to Yu, Hang and Deng, Ruoxian by Mabry, Sean and Mabry, Diana for \$1,475,000 on 10/01/24

WINCHESTER

9 Blossom Hill Rd was sold to Cho, Hi J and Moon, Sungjin by Sprague, Christopher W and Sprague, Ali E for \$1,740,000 on 10/04/24

9 Brooks St was sold to Ehling, Allen J and Ehling, Julie C by Valcourt, Christopher P and Ericson, Shannon M for \$2,355,000 on 10/03/24

24 Calumet Rd was sold to Ready, Christopher R and Ready, Christie B by Schultz, James V and Rindskopf, Amy K for \$2,150,000 on 10/04/24

68 Harvard St #70 was sold to Li, Yan-

luan by 68 Harvard Street LLC for \$1,198,000 on 10/02/24

897 Main St #1 was sold to Pickering, Bryon B by Dakle, Pranal J for \$810,000 on 10/01/24

6 Pocahontas Dr was sold to Stry, Erik V by The 4 Cs LLC for \$3,100,000 on 10/03/24

8 Priscilla Ln was sold to Ig Investments LLC by Mullare James A Est and Paul, Sally E for \$1,000,000 on 10/03/24

22 Water St was sold to Wu, Joanne Y and Wu, Jin Y by Spooner, Sara and Lepore, Alice M for \$885,000 on 10/04/24

WOBURN

7 Chester Ave was sold to Park, Hyungju and Chen, Keru by Mace-Clafin Nancy Est and Mace, Thomas A for \$710,000 on 10/03/24

31 Chestnut St was sold to Mahious, Ferroudjia and Mahious, Yougourtha by Finn, Erin and Finn, Gerald for \$620,000 on 10/04/24

114 Eastern Ave was sold to Thakkar, Ankur and Swaminathan, Vandana by Abigail K Horrigan RET and Horrigan, Abigail K for \$1,175,000 on 10/01/24

17 Houghton St was sold to S W Hiemstra Reservoir T and Hiemstra, Stephen W by Mcguerty, Brian H and Mcguerty, Janet A for \$955,000 on 10/04/24

1001 Main St #21 was sold to Sharma, Vishal by Runhan Rt and Runyan, Michael S for \$185,000 on 10/04/24

64 Montvale Rd was sold to Cannella, Giuseppe by Cataldo, Kimberly A for \$640,000 on 10/03/24

5 Morgan Way #5 was sold to Stephen, Barbara and Frankian, Paul by West Dev Corp for \$749,900 on 10/02/24

223 New Boston St was sold to Rgk Realty LLC by Aero Rt and Zayka, Nicholas for \$1,425,000 on 10/04/24

35 Park Dr was sold to Huang, Chaosong and Hu, Anran by Marc J Keating RET and Keating, Marc J for \$1,130,000 on 10/01/24

• SMITH FROM B-1

Experts say one-third of breast cancer deaths in the U.S. could be prevented with universal access to modern treatments. Funds raised at the Walk will allow Komen to meet the immediate needs of breast cancer patients through its free Breast Care Helpline and offer services such as patient navigation, financial assistance and emotional support. It will also fund research breakthroughs that allow more lives to be saved from breast cancer and bring us closer to the cures for all breast cancers.

"We are thrilled to welcome the Massachusetts community to the Walk this year, where together we can make a profound impact in the fight against breast cancer," said Nicole Marohn, Executive Director at Susan G. Komen. "Supporting individuals in our community who are facing breast cancer is essential to our mission, but we cannot do it alone. This year's Walk is not just an event; it is a pivotal moment to secure vital funds that will make equitable care available to all. We hope you can join us as we take a powerful stand against this devastating disease."

When Smith visited the State House in Boston and Washington, DC, she learned how much work still needs to be done.

"We are lucky to live in Massachusetts," she said, "which is a very forward thinking, innovative health care centric state, so my meetings with senate and house representatives are typically positive. It takes a lot to get a bill passed, and we will continue to show up and ask for support until we achieve the results we want."

One of the topics that Smith is passionate about involves making breast cancer care more affordable and accessible. She said screening mammograms are covered under the ACA (Affordable Care Act) with no out of pocket cost (cost-sharing) to the patient. These mammograms occur yearly, and usually begin at the screening age of 40.

"The problem arises when a woman gets called back for additional testing," she pointed out. "Those tests consist of follow up mammograms, ultrasounds, MRI and are considered diagnostic - none of which are covered by insurance - so out of pocket cost (cost-sharing) is very high. Because of this, many women do not go back for additional testing resulting in a potential early-stage breast cancer being undiscovered."

When asked how residents can make the state make insurers cover the complete cost of breast cancer screenings, Smith said, "we get the state and federal government to sign on and pass the ABCD Act (Access to Breast Cancer Diagnosis Act) S.2464/H.R.3851 (Federal) H.4918 (State). This bill would require diagnostic and supplemental breast examinations to be covered with no cost-sharing requirements. It would not cost insurance companies more to cover these tests, in fact, it costs them much more to treat late-stage breast cancers in the long run."

Smith actually said she could talk about this subject for "hours, days even," adding how "educating people on this bill is so important."

Speaking to her own treatment, Smith called herself lucky, saying her body was very receptive to treatment. She had 16 weeks of chemotherapy and "it was no walk in the park." In fact, she called it the "hard



200 ADVOCATES CONVERGE ON WASHINGTON D.C. DURING BREAST CANCER AWARENESS MONTH

est thing I have ever done."

Smith said her tumors were 5CM in the right breast and 1.5CM in her Sentinel Lymph Node (arm pit). After chemotherapy they shrunk to almost 1CM in the right breast and .5cm in the Sentinel Lymph Node.

"My doctors were pleased, I was pleased, it gave me hope," she added.

However, she noted the "many ups and downs after that," saying, "I had a lumpectomy with full axillary lymph dissection, but pathology came back with unclear margins, so I made the decision to have a mastectomy, which to someone on the outside seems like an easy decision but for the woman about to amputate her breast, I can assure you it is not."

After she healed, Smith went through radiation every day for six weeks, to target and kill any remaining cancer particles in her chest and armpit. She said her skin burned badly during radiation, taking two years to heal.

Once her skin was strong enough, she went through a series of five reconstructive surgeries, which she called a "journey in itself." Smith acknowledged how "you will never look the same" no matter how skilled the plastic surgeon is.

"Accepting that and learning to love your body after cancer is difficult," she admitted.

Smith noted how she's currently on two medications because her cancer was hormone receptive and aggressive and the medications reduce her risk of recurrence. She said she's on year eight of these medicines and could be for several more years (or when you become post-menopausal).

"They fortunately have been working for me. Side effects vary, and some days are better than others, but I am considered in remission. This Dec. 7 will mark eight years cancer free."

As mentioned above, Smith credits her son for helping her get through her cancer diagnosis, treatment and recovery. She called him "her saving grace." At just two-and-a-half years old, she said she needed to beat this "not only for me, but for him."

She added how "he would come give me his little hand when I would get out of bed the day after receiving chemo and say to me 'mamma, I help you.' He would hold my hand while I walked down the hallway and tell me how good I was doing."

Before she lost her hair, she said she cut it in stages explaining to her son how a medicine she was taking would cause her to lose her hair. But, she said, after it was over her hair would grow back.

"The day I shaved my head after pulling out clumps of hair in the shower, I put a little cap on," Smith remembered. "When my son got home from pre-school I slowly removed the cap and asked what he thought. He smiled and said I looked like papa (which was true, my dad is bald). We both laughed and then had a snack."

Her son is now 11. She said he'll randomly bring up memories he has of that time, and now that he's older he understands it more.

"He helped me by just being there. I needed him as much as he needed me; his existence motivated me in ways I could never put into words," she said.

Smith went on to praise her husband, family and close friends who were there for her then and continue to be there for her now. She also thanked her medical team.

"I have an incredible relationship with my medical oncologist. He is one of my favorite people actually and as strange as it sounds, I enjoy seeing him every six months. He says he is proud of me; loves all of the advocacy I am doing and how I turned a negative into a positive. I would not have survived without all of these people by my side. I love and appreciate them very much. I am a very blessed young woman."

Finally, when asked what's the scariest thing about receiving a cancer diagnosis, Smith pointed to the unknown, saying, "one minute you are laughing and living the life you planned, the next minute it changes forever."

In Fiscal Year 2024, the Komen Financial



MS. SMITH GOES TO WASHINGTON - Alyssa Smith of Tewksbury has traveled to the State House and Washington, DC to advocate for affordable breast cancer care for all.

(Photos courtesy of Alyssa Smith)

Assistance program provided financial assistance totaling \$187,750 to 322 people in Massachusetts who are in breast cancer treatment or living with metastatic breast cancer. Additionally, Komen's Patient Care Center provided 502 services to people who were experiencing barriers to breast health care or support they needed.

For more information, visit www.komen.org.

"Join us at the Walk this fall to stand with the community in the fight against breast cancer," the Susan G. Komen Foundation said. "Your participation will help raise vital funds, provide crucial support services, and advance important research. Together, we can work toward a future without breast cancer."



Tewksbury Police Log

Police make two arrests for reported OUIs

Monday, October 14

12:17 a.m. - Caller stated a dark-skinned male operator slept at the wheel at the intersection of Petrol. Police sent, but they were gone on arrival.

2:11 a.m. - Front desk stated there was a resident staying there leaving her kids in a different room at Andover Street. Police sent. All units cleared. The kids were with mom in the room and were all in good health. Officer filed a report.

4:19 a.m. - Caller stated a black BMW SUV with its lights off was asking to leave and refused to at Walmart. Police sent. All units cleared. Vehicle left with no altercation.

Tuesday, October 15

12:13 p.m. - Daughter hasn't been heard from in about 10 days at Tomahawk Drive and they were looking to speak to an officer about advice. Police sent. Officer filed a report.

12:58 p.m. - Caller reported a male party about

40 to 50 yelling at a customer and yelling on the phone at Spirit Halloween. Described as a larger white male wearing a navy sweatshirt and khaki pants. Police sent. Male would be leaving and took the bus.

8:16 p.m. - A 911 caller reported she had been receiving text messages that she was being watched at Lake Street. She had an active restraining order against someone and was home alone right now. Last message received requesting location. Caller not comfortable looking out the window to check for any vehicle in the area. Officer filed a report. Caller learned the identity of the caller sending the text messages. It was a prank by the caller's brother. All parties spoke to. No report needed.

10:04 p.m. - A 911 caller reported an erratic driver all over the roadway at Pond Street and Whipple Road. Police sent but gone on arrival.

Wednesday, October 16

10:27 a.m. - Caller stated coyote living for a month behind the building by the dumpster at Tewksbury Physical Therapy. She stated yesterday it was in the middle of the parking lot. Animal control notified.

12:35 p.m. - Erratic driver cut the caller off by Walmart and continued toward Wilmington. Police sent but gone on arrival.

12:36 p.m. - Caller reported the rear window of his vehicle was broken over night at Crest Road. Police advised nothing was taken out of the vehicle.

12:44 p.m. - Anonymous caller reported two males yelling at the construction site at Fox Run Drive. Police sent and spoke to the workers. There was no issue.

6:11 p.m. - Caller reported about 15 minutes ago a vehicle was driving erratically at Castle Street and the mirror struck her son who was on a walk. Police sent. They spoke to all involved parties and there was no injuries.

involved parties and there was no injuries.

Thursday, October 17

3:47 a.m. - Caller stated a vehicle pulled over with flashing lights on and she thought it was suspicious at South Street. Police sent. Vehicle was an Uber driver and pulled over to check the app.

7:47 a.m. - Caller stated he fired a contractor and now he won't leave at Cottage Street. Police sent. They confirmed no threats were made. The contractor was just upset he was fired.

10:38 a.m. - Caller stated white male wearing brown hoodie on her back deck looking in windows at Shawsheen Street. She was unsure who it was. Police sent. Male party from plumbing company doing work and got the units confused.

12:45 p.m. - Caller reported a male party walked through her property around 10 a.m. while she wasn't home at Shawsheen Street. Caller was advised that officers went over and spoke with the plumber.

3:03 p.m. - Caller stated three male parties dressed as women were yelling at each other and kicking garbage barrels at Main Street. Caller was in a white dodge ram behind the home. Police sent.

It was just a verbal argument.

Friday, October 18

12:28 p.m. - Caller reported a suspicious red Mazda SUV in the area of Charne Road. Police sent to check the area. The suspects were doing homework.

2:07 p.m. - Caller reported the female operator of the attached vehicle appeared to hit the passenger multiple times at East Street. Vehicle last seen turning on Preservation Lane. Police sent. Operator was throwing napkins for the passengers to pick-up a spill.

2:42 p.m. - Threatening emails were sent at Whipple Road. Police notified and would speak with her. Officer spoke to the female and advisements were given on a scam email.

6:15 p.m. - A 911 caller reported a two-car motor vehicle crash at Shell Gas Station. Police sent. Stephen Baker, 36, of 287 Davis Road in Bedford, was arrested and charged with child endangerment while OUI, second offense OUI liquor, and negligent operation of motor vehicle.

8:59 p.m. - Owner of Jade East establishment reported there was an argument occurring between eight people. No weapons present. Police sent and

spoke to all involved parties. No argument but a misunderstanding over the correct food order.

Saturday, October 19

1:23 p.m. - A walk-in stated he received a threatening email from possible scammer at Claire Street. Police sent. Officer stated attempted scam via email with no financial information given.

8:12 p.m. - Heading down toward center, a motor vehicle was all over the road and cut into oncoming traffic at North Street and Westland Drive. Police sent. Joseph To, 39, of 34 Curtis Road in Revere, was arrested and charged with OUI liquor, negligent operation of motor vehicle, and marked lanes violation.

Sunday, October 20

3:10 p.m. - Caller stated white male in lot in black Honda pilot with megaphone at East Elite Cheer Gym. He asked if the girls' parents were there and how cheer went. Police sent. No sign of the vehicle.

5:12 p.m. - Caller reported he was assaulted at McDonalds and would like to meet an officer at Livingston park. Police sent. They would be returning to McDonalds to speak to other party. Officer filed a report.



Wilmington Police Log

Melrose man issued summons for alleged shoplifting

Friday, Oct. 11:

6:46 a.m.: A caller reported that she had driven her gray 2013 Honda Civic into the woods, and was unsure where she was. Her cellphone was pinging near Concord Street and Rt. 62, and her car was found trapped in the woodline. She was taken by the fire department, and state police handled the situation.

4:54 p.m.: A gray 2022 Ford Explorer and a gray 2008 Mazda 3 were involved in a motor vehicle accident near Z&S Gas Station on Main Street. No injuries were recorded, and police assisted with paperwork exchange.

Saturday, Oct. 12:

3:46 p.m.: A caller on Wildwood Street reported seeing juveniles in her parents' backyard at the barn, and is concerned due to the barn having been vandalized in the past. The juvenile had left the property by the time officers arrived, but was advised by police.

9:40 p.m.: A red 2022 Acura MDX and a white 2020 Toyota Highlander were involved in a motor vehicle accident on Main Street. All three passengers declined medical

attention.

Sunday, Oct. 13:

9:14 a.m.: A caller on Main Street requested an officer due to an altercation with a man on a bike after an incident where she almost hit him passing Cumberland Farms. The altercation was verbal in nature, and the bicyclist had since left the scene.

2:45 p.m.: Mayflower Detox on Middlesex Avenue reported an unwanted, formerly discharged patient in their building. The caller reported that the patient, described as a white man with an arm brace, was in the vestibule. Police gave the man a courtesy ride to the station to wait for a ride.

6:12 p.m.: Hubaldo Mendez Lopez of 45 Nelson St., Apt. #1, in Lynn, was issued a summons for unlicensed operation of a motor vehicle, and failure to stop/yield. This followed a stop of his white 2014 Honda Civic on Lowell Street.

Monday, Oct. 14:

1:39 p.m.: Michael C Fimiani of 76 Bay State Road, in Melrose, was issued a summons for shoplifting by asportation

and shoplifting by price tag tampering. This followed loss prevention at the Target on Ballardvale Street requesting an officer for a suspected shoplifter in their custody.

5:37 p.m.: Susan Cunha Azevedo of 65 Whipple Road, in Billerica, was arrested for shoplifting over \$250 by concealing merchandise and intimidating a witness or police officer. This followed loss prevention at the Target on Ballardvale Street reporting a shoplifting in progress.

8:27 p.m.: An unnamed woman was issued a summons for shoplifting after

loss prevention at the Target on Ballardvale Street reported they had a shoplifter in their office. The woman was also issued a no trespass order.

Tuesday, Oct. 15:

8:27 a.m.: A gray 2015 Toyota Rav4 was involved in a minor motor vehicle accident with a school bus. One patient from the Rav4 was transported by the fire department, while the school nurse on scene provided refusals of medical assistance for all children on the bus.

11:30 a.m.: Joseph Miele of 52 Aldrich Road, in Wilmington, was issued a

summons for threatening to commit a crime.

2:18 p.m.: A caller on Kenwood Avenue reported a suspicious occupied, unmarked white van that she didn't recognize and was parked between houses. The driver was awaiting a repair job.

Wednesday, Oct. 16:

7:45 a.m.: A black 2022 Honda Pilot and a school bus were involved in a motor vehicle accident on Forest Street. No injuries were reported. Police assisted with paperwork exchange, and issued a citation to the school bus driver for failure to yield.

3:56 p.m.: A mother on Concord Street reported that her seven-year old didn't get off the school bus. It was discovered the child was still on the bus, and that the driver was a substitute who had missed the usual stop due to miscommunication, and would return to drop off the child.

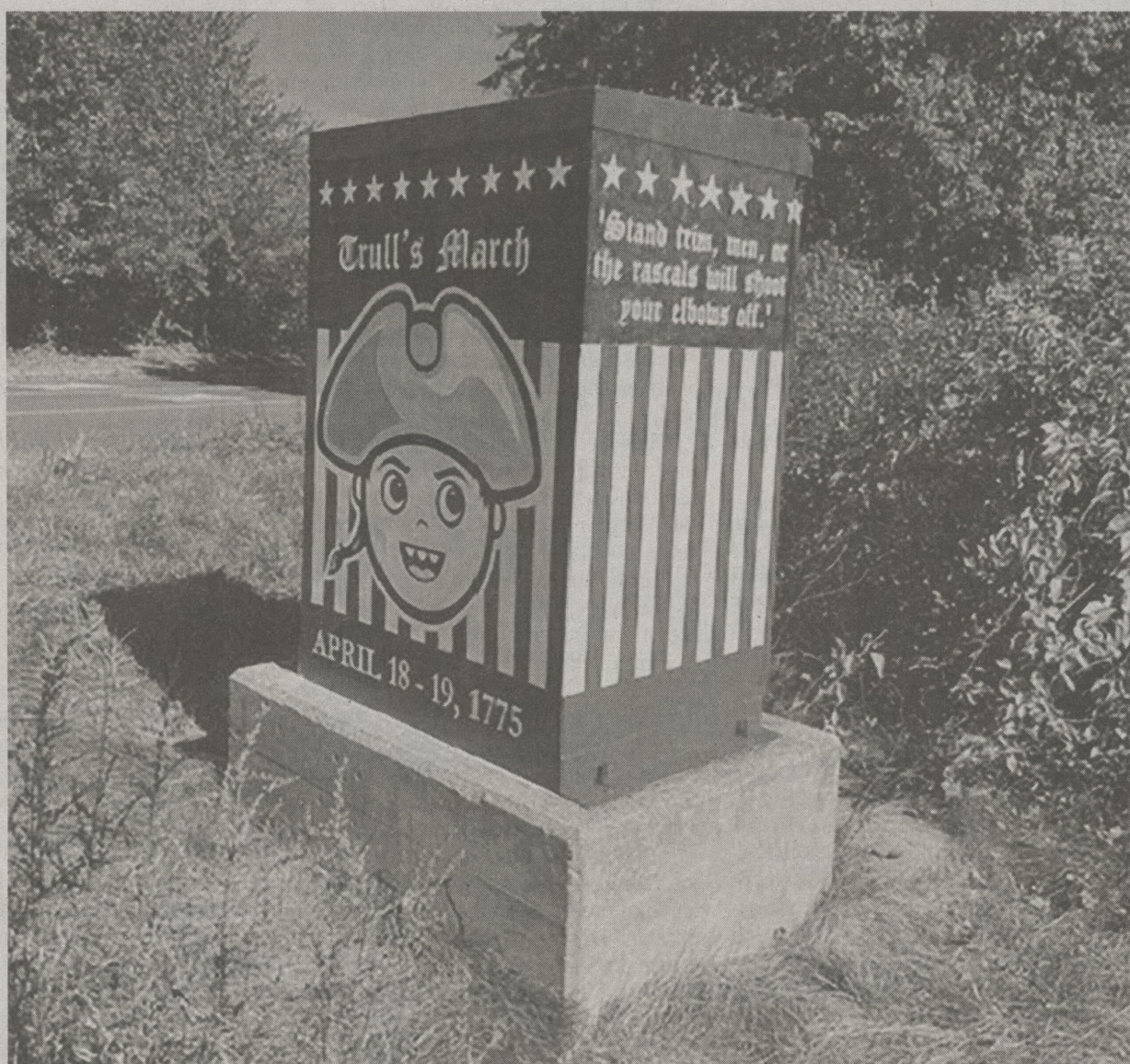
5:15 p.m.: A gray 2009 Honda Civic and a gray 2004 Jeep Grand Cherokee were involved in a motor vehicle accident on Main Street. No injuries were reported, and no airbags were deployed.

Thursday, Oct. 17:

1:40 p.m.: A caller on Emerson Street reported receiving a suspicious package to their house in the residents' name, but neither resident had ordered anything. Police took possession of all the packages.

6:23 p.m.: Loss prevention at the Target on Ballardvale Street requested an officer due to two juveniles being witnessed shoplifting. Both juveniles were picked up by their parents.

7:05 p.m.: An Amazon van hit a deer on the Rt. 125 highway. Airbags were deployed, but the driver was not injured.



Switchbox gets a fresh coat of paint

Members of the Tewksbury Beautification Committee gave the Captain Trull switchbox a fresh coat of paint last weekend. The box, part of the Switchbox Art Program, is at the corner of North Street and International Drive. The box commemorates Captain John Trull, leader of Tewksbury's minutemen, who marched his militia to Concord to fight back the British in 1775. The 250th anniversary of the Battle of Lexington and Concord is next year.

(Paige Impink photo)

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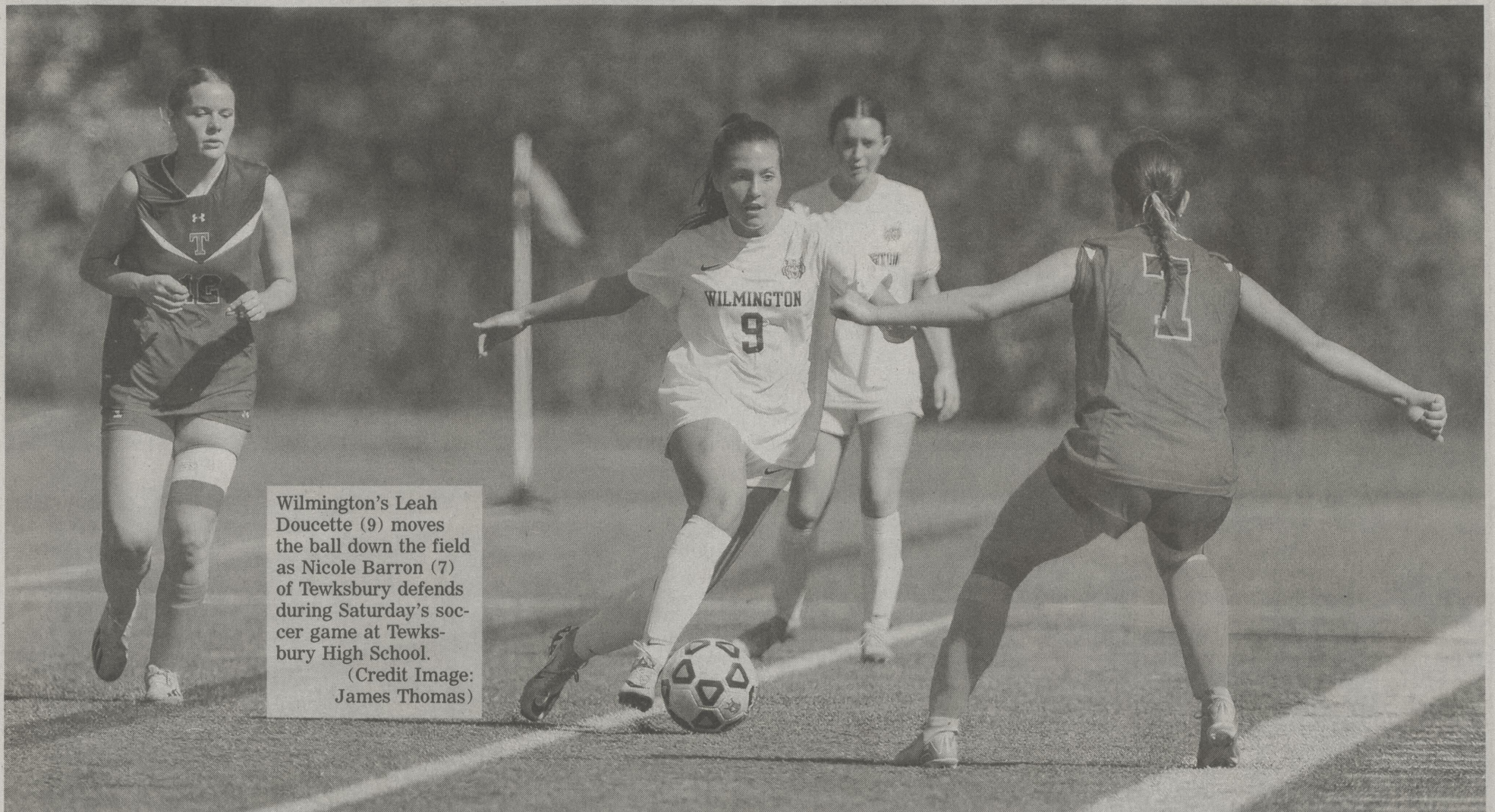


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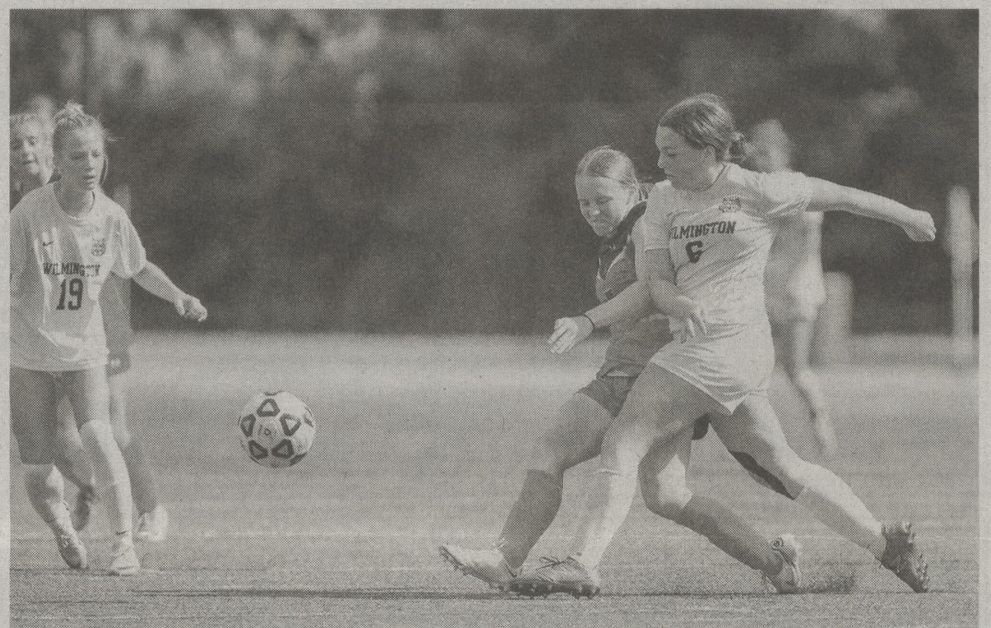
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Wilmington's Leah Doucette (9) moves the ball down the field as Nicole Barron (7) of Tewksbury defends during Saturday's soccer game at Tewksbury High School. (Credit Image: James Thomas)

Thrilling comeback win at Burlington finishes the job for Wildcats

Girls soccer wins Freedom Division crown



▲ Tewksbury's Cordelia Zwirek (5) battles Wilmington's Julia Heller for the ball Saturday's soccer game at Tewksbury High School. Tewksbury netted a 1-0 victory over Wilmington. (Credit Image: James Thomas)

By DOUG HASTINGS
Sports Correspondent
sports@yourtowncrier.com

The Wilmington High girls soccer team certainly took its time.

On the way to clinching the Middlesex League's Freedom Division championship on Monday in Burlington, the Wildcats trailed the Red Devils by a 1-0 score with less than 10 minutes to go.

Then with less than nine minutes left.

Then, eight.

Finally, senior Jillian Collins took an excellent feed from Alison McElligott and scored with 6:18 left on the clock to tie the score.

Just 42 seconds later, WHS took the lead when Collins set up junior Cathryn MacDonald's shot that found the back of the net to make it 2-1.

And just one minute after that, junior Abigail Howie finished a play in front of the Burlington

goal after a corner kick by McElligott.

Three goals in a span of about 120 seconds on the way to a 3-1 win.

It was the stuff that championships are made of.

Prior to its flurry of goals, Wilmington and Burlington were locked in a tight battle.

After a scoreless first half that saw the Wildcats applying plenty of pressure with Collins, MacDonald, junior Lindsay Brou-

sard and McElligott, Burlington took the lead.

At the five-minute mark of half No. 2, Red Devil junior Briana Thomas finished a nice pass from senior Caitlyn Tremblay.

Burlington hit the crossbar later in the half and had two other good chances, one cleared away by a hustling Collins.

The win moved Wilmington's record to 7-4-5 overall with two matches to

go, a Wednesday trip to Wakefield and a game in Woburn next Tuesday afternoon, which will be an excellent tune up for the state tournament.

Other recent action for WHS included 2-0 wins over Watertown, Stoneham and Reading and scoreless ties against both Melrose and Haverhill.

In the Watertown match, Wilmington scored twice in the second half.

At the four-minute mark, MacDonald was able to elude a defender and cross the foot of Collins, who was able to tap it in the back of the net.

At the 26-minute mark, Collins scored her second goal of the evening after receiving a pass from Emma Nolan.

McElligott had a great game for the Wildcats as she managed to control the middle of the field defensively and offensively.

In the Stoneham victory, where the Wildcats celebrated their two seniors Arianna Cook and Collins, Wilmington got on the scoreboard first when MacDonald rebounded a shot that was saved by the goalkeeper.

The second goal for the Wildcats was scored by Collins after MacDonald was able to elude a defender and find Collins on a through ball.

In a triumph at Reading, Wilmington once again pulled away after a scoreless opening 40 minutes.

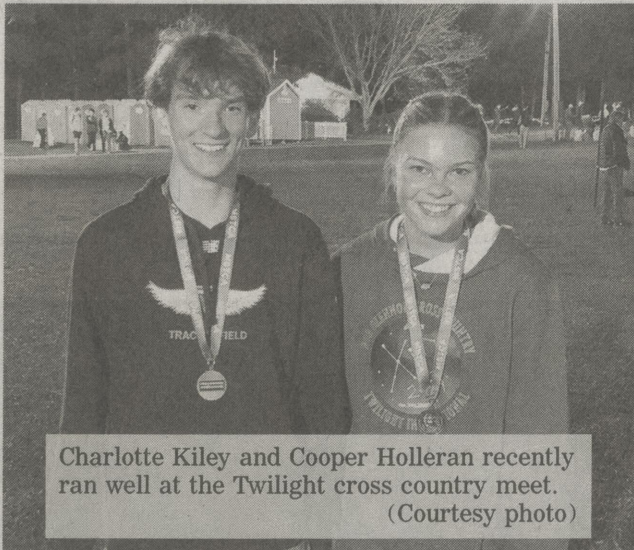
The first goal came at the three-minute mark of the second half when Avery King was able to find MacDonald off of a corner kick and MacDonald was able to hit one around the goalkeeper.

The second goal came from MacDonald.

Also playing well for the Wildcats tonight was keeper Jillian Weinstein who made incredible saves in net to keep the sheet clean.



◀ Cordelia Zwirek (5) of Tewksbury steals the ball from Julia Heller (6) of Wilmington during Saturday's soccer game at Tewksbury High School. (Credit Image: James Thomas)



Charlotte Kiley and Cooper Holleran recently ran well at the Twilight cross country meet. (Courtesy photo)

Wilmington High Roundup:

Volleyball team sweeps Watertown

By DOUG HASTINGS
Sports Correspondent
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Behind six kills, six digs and seven assists from Katherine Hao and four kills from Annika Held, the Wilmington High volleyball team chalked up another win last week, beating Watertown, 3-0.

The Wildcats also lost to Melrose in recent play, moving their record to 3-15 as the final week of the regular season approaches.

After visiting Burlington on Tuesday, the 'Cats go to Wakefield on Thursday for a 6:30 p.m. match with the Warriors.

Also in the victory over Watertown, freshman Adyson Balter handed out 10 assists and hit five aces. Senior Sabrina Gray had a terrific all-around match with 16 serve returns, eight aces, five digs and two assists.

Adding to a balanced attack with three kills apiece

were Kaleigh Quinn, Sia Patel and Madeline Krueger.

CROSS COUNTRY

At the recent Twilight Meet, the Wilmington High cross country teams ran well against difficult competition.

Charlotte Kiley had a fourth-place finish in the Sophomore Girls race.

Also medaling for the Wildcats was Cooper Holleran as he finished 18th in the Sophomore Boys race.

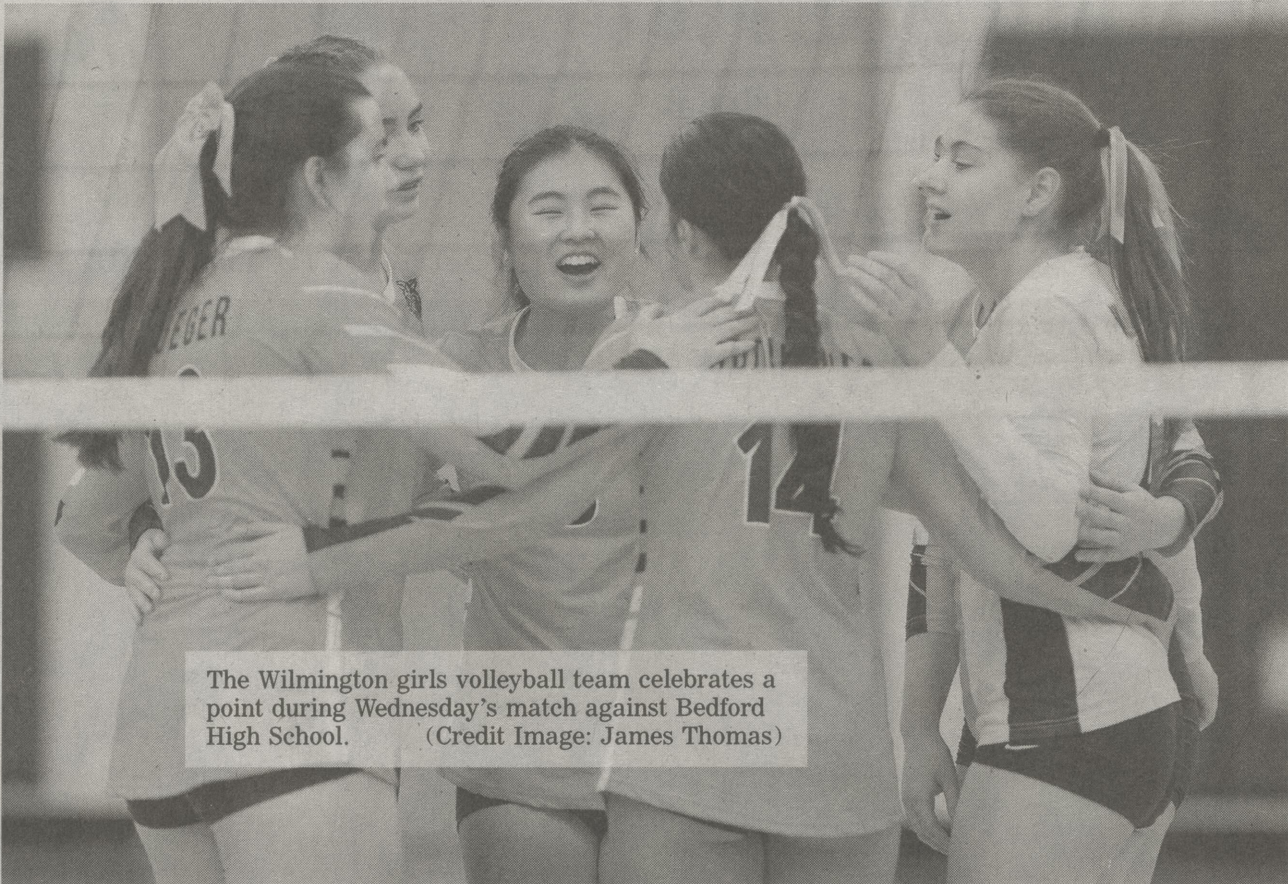
The best times of the day went to Addy Hunt, who ran 19:42.61 for the girls and Gavin Dong, breaking 17:00 for the first time ever with his 16:56.46.

The boys team placed 22nd in the Varsity Medium Schools Boys race but that was without Dong.

The girls team placed 21st in the Varsity Medium School Girls race and that was without Kiley.

Race results:

Novice Girls Race (2.1



The Wilmington girls volleyball team celebrates a point during Wednesday's match against Bedford High School. (Credit Image: James Thomas)



Tyler Florencio of Wilmington moves the ball down the field as he is flanked by teammate Zack Guyette during Wednesday night's soccer game against Stoneham. Stoneham topped Wilmington 2-0. (Credit Image: James Thomas)

miles):

- 35th - Tess Sullivan, 17:51.35
- 190th - Ciara O'Shea, 22:26.17

Freshman Boys Race (2.1 miles):

- 54th - Matt Lawler, 12:55.40
- 60th - Colby O'Brien, 13:00.72

- 150th - Lucas Madden, 14:25.75
- 198th - Liam Zollner, 15:33.18

Sophomore Boys Race (3.1 miles):

- 18th - Cooper Holleran, 18:10.69

Sophomore Girls Race (3.1 miles):

- 4th - Charlotte Kiley, 20:08.62
- 98th - Niki Douzepis, 27:10.72

Medium School Varsity Boys Race (3.1 miles):

- 41st - Gavin Dong, 16:56.46
- 114th - Dean Ciampa, 17:55.60
- 151st - Evan Cummings,

18:34.27

- 160th - David Dynan, 18:41.25
- 169th - Jake Cronin, 18:49.61 (lost his shoes midway through the race and had to run barefoot)

Medium School Varsity Girls Race (3.1 miles):

- 30th - Addy Hunt, 19:42.61
- 110th - Katelyn Shackelford, 22:26.19
- 130th - Bella Zaya, 22:52.50
- 156th - Cayley Israelson, 24:09.49
- 162nd - Rebecca Hughes, 24:43.90
- 170th - Tessa Cappione, 25:15.43

BOYS SOCCER

The Wilmington High boys soccer team battled hard, but dropped a 3-0 decision in Burlington on Monday night.

The Wildcats, still searching for victory No. 1, will conclude the regular season this week with a Wednesday game in Wakefield and a Saturday afternoon home match in Billerica at 1 p.m.



Shawsheen Tech quarterback Sid Tildsley (12) runs for a first down during Friday's football game in Billerica against Greater Lowell Tech. Shawsheen won the CAC football clash 37-7. (Credit Image: James Thomas)

Pratt helps Rams win sixth straight

Junior receiver leads Shawsheen football to blowout over Greater Lowell

By DOUG HASTINGS
Sports Correspondent
sports@yourtowncrier.com

The battle of undefeated Commonwealth Athletic Conference heavyweights wasn't exactly a first-round knockout, but the Shawsheen Tech football team ultimately cruised to a 37-7 victory over visiting Greater Lowell on Friday night in Billerica.

The Rams led only 9-7 late in the first half, but scored two touchdowns in the final 1:53 of the second quarter to take a 23-7 lead into halftime and coasted through the second half.

Shawsheen's defense was once again stellar.

In six games this season, the Rams have allowed only 39 points, 20 in the season opener against Bedford.

In five first-half drives, Greater Lowell punted away three of them, was sacked for a safety in another and scored a touchdown.

The Gryphons had just three second-half possessions, a punt, a fumble and one that saw the visitors turn the ball over on downs.

Stellar.

"I'm really proud of the effort of our kids," said Shawsheen coach Al Costabile. "They stepped up and played tough. I thought it was a total team effort."

Shawsheen took a 7-0 lead at 7:19 of the first quarter when senior quarterback Sid Tildsley hit senior Brayton Carbone over the middle for a 28-yard touchdown connection. A 17-yard pass to junior Dyllon Pratt set up the

score.

Tildsley finished 17 for 21 passing for 253 yards and three touchdowns.

Pratt had a monster game with 12 receptions for 150 yards and two scores.

The Rams nearly scored again on their next possession, but fumbled at the Gryphon 8-yard line.

Three plays later, with 11 seconds left in the opening quarter, Shawsheen junior Nathan Malandain sacked Greater Lowell quarterback MJ Camara in the end zone for a safety.

The Gryphons struggled to move the ball throughout the evening, but caught a break with 6:24 left in the half when Camara threw a long pass that Tildsley seemed likely to intercept, but the ball somehow was deflected into the hands of receiver

Lennox Ramos, who ran the rest of the way for a 56-yard touchdown reception.

Sophomore Sean Michalczyk's extra point made it 9-7.

"There was a lot of firepower on both sides," Costabile said. "A lot of emotion."

Shawsheen answered right away, driving 64 yards in six plays and scoring on a 10-yard touchdown pass from Tildsley to Pratt with 1:53 to go in the half. Senior Jack Finn added the extra point.

A 46-yard bomb from Tildsley to junior Jake Banda helped set up the score. The pass seemed intended for Carbone, who leaped between two Greater Lowell defenders and the ball ended up in Banda's hands.

The Gryphons punted

away their next drive after three plays and Shawsheen added a backbreaking score as time expired in the half as Tildsley scored on a 2-yard run behind a big block by junior Eric Banda. First-down tosses to Carbone (4 catches, 47 yards) and Pratt set up the touchdown.

The Rams scored right away in the second half, driving 65 yards in nine plays and scoring on a 10-yard pass to Jake Banda to make it 30-7 just 4:48 into the third quarter.

A fourth-and-two completion of eight yards to Carbone helped lead to the touchdown.

Shawsheen's final touchdown came with 3:55 left in the third with a 7-yard touchdown pass to Pratt. Pratt caught a 33-yard pass two plays before the

touchdown.

The Rams could have scored again in the closing moments as junior Jake Antzak recovered a fumble at the 3-yard line, but Shawsheen took a knee as time was running out.

Junior Shane O'Neill saw fourth-quarter carries out of the backfield and junior Adam Caruso lined up as quarterback.

Defensively, senior Domenic Chaffee had another monster game up front while senior Ryan Jamieson, Sid and James Tildsley and sophomore Rick Raymond also had tackles. Senior Cullen Walsh and junior Eric Banda

Shawsheen (6-0) plays Greater Lawrence next week.

Wildcats hoping to finish strong

By DOUG HASTINGS
Sports Correspondent
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The Wilmington High football team knew it had its work cut out for itself on Friday night when undefeated Stoneham came to WHS.

In the end, the Spartans remained undefeated after a 42-0 win that left the Wildcats with an 0-6 record with the final two

weeks of the regular season approaching.

Wilmington plays in Wakefield on Friday at 6 p.m. and then travels to Melrose on Friday, Nov. 1 for a 6 p.m. game against a Melrose team that nearly beat undefeated Burlington last week.

WHS coach Craig Turner was encouraged with a few aspects of the game against Stoneham.

"Stoneham was very

Wilmington football visits Wakefield on Friday

physical and as good a team as any we've played so far this season," Turner said. "I thought we did some good things at times, but they just overwhelmed us on both the offensive and defensive lines and really made it tough on us to consistent-

ly move the ball or get stops."

The Wildcats scored 80 points through the first five games, an average of 16 points per game. In its past two games, Wilmington combined for 46 points including 26 in a two-point loss to Watertown

and 20 against Burlington in a 35-20 loss to the unbeaten Red Devils.

Turner some glimpses of that firepower against Stoneham.

"Our kids hung in there and played hard for four quarters, which was encouraging," the coach said. "I thought our running backs Gus Lambert and Ayden Bellevy in particular both ran very hard."

While Wilmington isn't likely to qualify for the MIAA playoffs, the 'Cats are ranked 26th in Div. 5, ahead of nine other teams. The final two opponents are both in Div. 4 with Wakefield owning a 1-4 mark and Melrose ranked ninth with a record of 2-3.

A win down the stretch could potentially put Wilmington in the mix for a playoff game.

The Wilmington defense lines up against Saugus during Friday night's football game in Wilmington. The Wildcats fell to Saugus 22-10. (Credit Image: James Thomas)



Shawsheen Tech Roundup:

Ram girls soccer finishing strong

Five straight wins push girls soccer over .500

By DOUG HASTINGS
Sports Correspondent
sports@yourtowncrier.com

The Shawsheen Tech girls soccer team is on a roll, a serious roll.

After a sluggish 2-6 start to the season, the Rams have won five games in a row to up their record to 7-6 and take a giant step toward playing in the MIAA state tournament.

On Saturday, Shawsheen beat Lynn Classical by a 3-1 score.

Senior Kailyn Harless had two goals for the Rams and junior Maria Cafaro had the other.

Chalking up assists were junior Cara Salter, senior

Judith Sloman and junior Jaielyn DiNuccio.

Senior Sydney MacPherson had 12 saves in goal.

In previous action, Shawsheen blanked Whittier Tech, 3-0.

Cafaro had two of the goals and Sloman had the other.

DiNuccio, junior Lyla Dickinson and sophomore Heidi Ferrer earned assists.

MacPherson picked up the shutout between the posts.

"The defense played great," Shawsheen coach Doug Michaud said. "The defense did an excellent job of starting the team's attack moving the ball up

the field."

Defensive standouts included senior Kendra Minghella, senior Skylar Driscoll, junior Shea Kelley and sophomore Tabbie Woodward.

Last Thursday, the Rams beat Whittier again, 4-0, with four different goal scorers.

Sloman, Cafaro, junior Kristal Wells and freshman Ellie Gillis had the tallies for the Rams. Salter added a pair of assists.

Junior Ava Noble also played well in the mid-field.

"The team is playing great and is looking forward to finishing the season strong," Michaud said.

After a Tuesday game with Lowell Catholic, Shawsheen completes the regular season with a Friday afternoon home game against Bedford and a trip to Dracut on Monday.

BOYS SOCCER

The Shawsheen Tech boys soccer team upped its record to 8-7-1 overall with a 7-0 win over Lowell Catholic on Monday.

Junior David Vitale led the way with three goals and senior Jack Bourque added a pair of goals.

Seniors Niko Georgoulis and Ollie Ferrer had the other tallies for the Rams.

Two assists went to senior Jayson Dube and one each to Vitale, Georgoulis, Bourque, senior Jason Spaniol, senior Nick Pal-



▲ Shawsheen Tech's girls soccer team is on a five-game winning streak. (Joe Brown photos)

merino and sophomore John Galicia.

Senior goalie Kaleb Molina recorded his fourth shutout.

Last week, Shawsheen lost a close match against Northeast Regional and beat Minuteman Regional by a 3-0 score.

In an exciting 2-1 loss to Northeast, Bourque had the Ram goal, assisted by senior Layne Coutu.

Senior Jayden Perez, senior Niko Georgoulis and sophomore Joe Mytych all played well for the Rams.

Against Minuteman, Vitale had a goal and an assist. Bourque and senior Ethan Melanson had the other Ram scores.

Assists went to Perez and Georgoulis.

Senior keeper Kaleb Molina continued his great play of late with his third shutout. Also playing well for Shawsheen were senior Ollie Ferrer, senior Jayson Dube and sophomore Moris Lopez.

VOLLEYBALL

The Shawsheen Tech volleyball team made it 18 wins in a row last week with wins against Innovation Academy and Greater Lawrence.

In a 25-19, 25-20 and 25-20 sweep against Innovation, Maure Krueger led the way with 24 assists.

Francesca Reardon pounded 12 kills and four aces and Hope DiDonato contributed four blocks, two

kills and two aces.

In a win against Greater Lawrence, Shawsheen won by scores of 25-21, 25-12 and 25-19.

Fiona Rexford led the offense with seven kills.

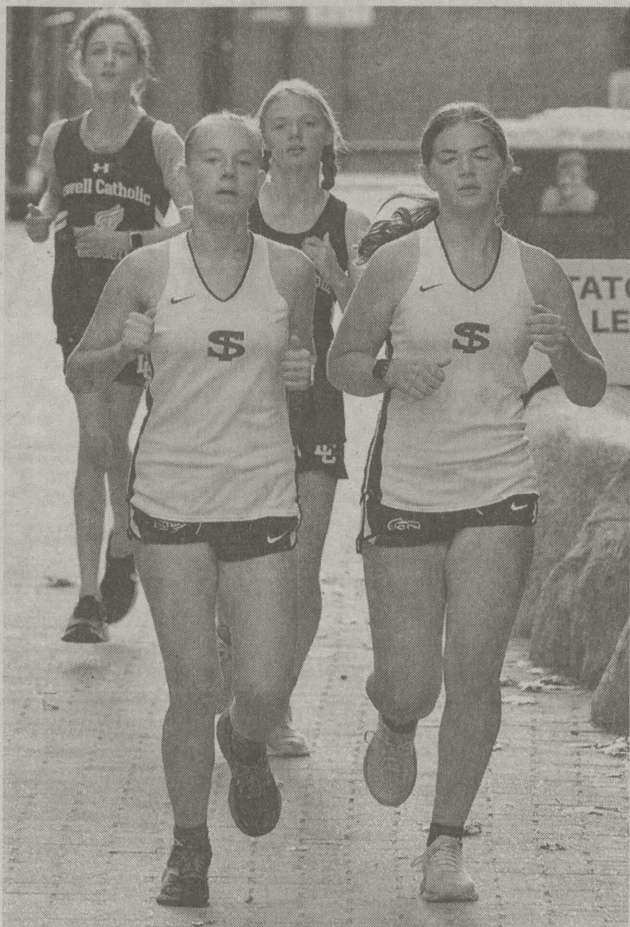
CROSS COUNTRY

Late in the season, the Shawsheen boys cross country team beat Northeast 18-41, while girls lost to the Golden Knights, 25-39.

Last Wednesday, the Shawsheen boys lost to Greater Lowell 20-43.

In that race, Shawsheen's Noah Brooks took first and set a new course record of 17:07.

Shawsheen's girls lost to Greater Lowell, 15-50.



◀ The Shawsheen Tech cross country teams recently wrapped up their regular season. (Joe Brown photos)



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